November 2026

We Strive to do our best! Date, Times, and Locations are subject to change. Independent Supplies are available on the units. All Activities will be held in Activity Complex Room unless otherwise specified.

If you have any questions, please contact : Life Enrichment(803)451-7447.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Praise & Worship Music 2:00 Worship Service with Reverand Richard 3:00 Independent Supplies & Family Visits	2 10:30 Bible Study w Carol 11 Blessings w Mr. King 1:30 Arts & Crafts 2:00 Puzzle Time	3 10:30 Chair Zumba 11 Blessings w Mr. King 1:30 Reading Group 2:00 Family Uno	4 10:30 Hymnal Sing Along 11 Blessings w Mr. King 1:30 Uno 2:00 Pinecone Craft	5 10:30 Bible Study 11 Blessings w Mr. King 1:30 Glamour Nails 2:00 Bingo w Kathy	6 10:30 Silver Sneaker 11:00 Chair Yoga w/ Catherine (LS) 2:00 Floor Hockey	7 10:30 Morning Mingle 1:00 Family Visits & Independent Supplies
8 10:30 Praise & Worship Music 2:00 Worship Service with Reverand Richard 3:00 Independent Supplies & Family Visits	9 10:30 I Remember a Time When!!! 11 Blessings w Mr. King 1:30 Cranium Crunches 2:00 Potpourri	10 USMC BIRTHDAY 10:30 Bible Study 11Blessings w Mr. King 1:30 History of Veterans Day 2:00 Thank You Cards	11 VETERAN'S DAY 10:30 Chair Yoga 11 Blessings w Mr. King 1:30 Crafty Hour 2:00 Veterans Day Appreciation	12 10:30 Bible Study 11 Blessings w Mr. King 1:00 Chuck Gee 2:30 Bingo w Kathy	13 10:30 Silver Sneakers 11:00 Chair Yoga w/ Catherine (LS) 1:30 1:1 visits 2:00 Paint & Sip	14 10:30 Morning Mingle 1:00 Family Visits & Independent Supplies
15 10:30 Praise & Worship Music 2:00 Worship Service with Reverand Richard 3:00 Independent Supplies & Family Visits	16 10:30 Hand Massages 11 Blessings w Mr. King 1:30 Hidden Figures 2:00 Chapin Chirpers	17 10:30 Bible Study 11 Blessings w Mr. King 1:30 Movie Matinee 2:00 1:1 Visits	18 10:30 Sensory Hour 11 Blessings w Mr. King 1:30 Golden Girls 2:00 Birthday Party	19 10:30 Bible Study 11 Blessings w Mr. King 1:30 Glamour Nails 2:00 Bingo w Kathy	20 10:30 Arts & Craft 11:00 Chair Yoga w/ Catherine (LS) 1:30 Holiday Movie 2:00 Lets Laugh	21 10:30 Morning Mingle 1:00 Family Visits & Independent Supplies
22 10:30 Praise & Worship Music 2:00 Worship Service with Reverand Richard 3:00 Independent Supplies & Family Visits	23 10:30 Guess the Instrument 11 Blessings w Mr. King 1:30 1:1 2:00 Karaoke	24 10:30 Bible Study 11 Blessings w Mr. King 1:30 Music Listening 2:00 Thanksgiving Tea Party	25 10:30 Memory Ball 11 Blessings w Mr. King 1:30 Glamour Nails 2:00 Family Feud	26 HAPPY THANKSGIVING Family Visits & Independent Supplies	27 10:30 Bible Study 11:00 Chair Yoga w/ Catherine (LS) 1:30 Music Listening 2:00 Rival Party	28 Clemson vs Gamecocks 10:30 Morning Mingle 1:00 Family Visits & Independent Supplies
29 10:30 Praise & Worship Music 2:00 Worship Service with Reverand Richard 3:00 Independent Supplies & Family Visits	30 10:30 Bible Study 11 Blessings w Mr. King 1:00 Bob. M (Saxophone) 2:00 Hand Massages					

WOODSIDE MEMORY SUPPORT @ THE HERITAGE AT LOWMAN