

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026



10:30 Praise /Worship Music 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	9:30 Daily News Buzz 10:30 Crafty Hour 1:30 Jeopardy Game	<b>CINCO DE MAYO</b> 9:45 Morning Visits 10:30 Moves & Grooves Exercise Group 2:00 Cinco De Mayo Mother's Day Social	9:45 Morning Visits 11:00 Mind Alert Trivia 1:30 Musical Chairs 2:30 Glamour Nails and Manicures	9:45 Morning Visits 11:00 Magazine Hunt 2:00 Sing-A-Long w/ Lillian, Martha & Carol (Lakeside)	9:45 Morning Visits 10:30 Moves & Grooves Exercise Group 2:30 Balloon Volleyball	9:45 Morning Visits 10:30 Morning Mingle 1:00 Family Visits and Independent Supplies
<b>MOTHER'S DAY</b> 10:30 Praise /Worship Music 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	9:30 Morning Visits 11:00 Match It Up 2:00 Snack and Chat	9:45 Morning Visits 10:30 Moves & Grooves Exercise Group 2:30 Glamour Nails and Manicures	10:00 Daily Chronicles 11:00 I Declare War 2:30 Apple Pie À La Mode	9:45 Morning Visits 11:00 Family Feud 2:00 Bethany B.I.N.G.O w/ Kathy	9:45 Morning Visits 10:30 Moves & Grooves Exercise Group 2:30 Pillsbury Recipes	<b>Armed Forces Day</b> 10:30 Morning Mingle 1:00 Family Visits and Independent Supplies
10:30 Praise /Worship Music 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	9:30 Morning News Buzz 10:00 Daily Chronicles & Coffee Break Trivia 1:00 Name That Tune	9:45 Morning Visits 10:30 Moves & Grooves Exercise Group 2:30 Glamour Nails and Manicures	10:00 Daily Chronicles 10:30 Bible Trivia 1:30 Home Remedies	9:45 Morning Visits 11:00 Family Feud 2:00 Bethany B.I.N.G.O w/ Kathy	9:45 Morning Visits 10:30 Moves & Grooves Exercise Group 2:30 What's For Supper	10:30 Morning Mingle 1:00 Family Visits and Independent Supplies
10:30 Praise /Worship Music 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	<b>MEMORIAL DAY</b> 9:45 Morning Visits 11:00 Floating Tennis 1:00 Bob Michalski the Saxophonist	9:45 Morning Visits 10:30 Moves & Grooves Exercise Group 3:00 Glamour Nails and Manicures	10:00 Daily Chronicles 11:00 Hot Cider Trivia 2:00 May Birthday Party (Lakeside)	9:45 Morning Visits 11:00 Magazine Hunt 2:00 Bethany B.I.N.G.O w/ Kathy	9:45 Morning Visits 10:30 Moves & Grooves Exercise Group 2:30 Popsicles and Games	10:30 Morning Mingle 1:00 Family Visits and Independent Supplies

10:30 Praise /Worship Music  
2:00 Worship Service w/ Reverend Richard  
3:00 Independent Supplies & Family Visitations



## Woodside Memory Support @ the Heritage at Lowman

We always strive to do our best!!! Dates, times and locations are subject to change.

If you have any questions, please contact: Life Enrichment (803) 451-7447