

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>February 2026</div> <div>Woodside Memory Support @ the Heritage at Lowman</div> <div>We always strive to do our best!!! Dates, times and locations are subject to change. Independent supplies are available on the units.</div> <div>All activities will held in the Activity Complex Room unless otherwise specified. If you have any questions, please contact: Life Enrichment (803) 451-7447</div>						
<div>10:30 Praise /Worship Music</div> <div>2:00 Worship Service w/ Reverend Richard</div> <div>3:00 Independent Supplies & Family Visitations</div> <div>1</div>	<div>Groundhog Day</div> <div>2</div> <div>9:45 Morning Visits</div> <div>11:00 Bethany Charades</div> <div>2:00 Snack Hour</div>	<div>9:45 Morning Visits</div> <div>3</div> <div>10:30 Moves and Grooves Exercise</div> <div>2:30 Glamour Nails and Manicures</div>	<div>9:45 Morning Visits</div> <div>4</div> <div>11:00 Pillsbury Bakeoff Recipes</div> <div>3:30 Smell This, Taste That: Cherry Pie</div>	<div>9:45 Morning Visits</div> <div>5</div> <div>11:00 Card Games</div> <div>2:30 Bethany B.I.N.G.O w/ Kathy</div>	<div>Winter Olympics Begins</div> <div>6</div> <div>9:45 Morning Visits</div> <div>10:30 Moves and Grooves Exercise</div> <div>2:30 “Soup”er Bowl Social</div>	<div>10:30 Morning Mingle</div> <div>7</div> <div>1:00 Family Visits and Independent Supplies</div>
<div>10:30 Praise /Worship Music</div> <div>2:00 Worship Service w/ Reverend Richard</div> <div>3:00 Independent Supplies & Family Visitations</div> <div>8</div>	<div>9:45 Morning Visits</div> <div>9</div> <div>11:00 Floating Tennis</div> <div>1:30 Sing Along with Lillian, Martha & Carol</div>	<div>9:45 Morning Visits</div> <div>10</div> <div>10:30 Moves and Grooves</div> <div>12:30 Seven Oaks Elementary Storytime</div> <div>2:30 Glamour Nails and Manicures</div>	<div>9:45 Morning Visits</div> <div>11</div> <div>11:00 Finish the Phrase</div> <div>1:30 Photo Safari</div> <div>2:00 Aqua Painting</div>	<div>9:45 Morning Visits</div> <div>12</div> <div>11:00 Magazine Hunt</div> <div>2:30 Bethany B.I.N.G.O w/ Kathy</div>	<div>Friday the 13th</div> <div>13</div> <div>9:45 Morning Visits</div> <div>10:30 Moves and Grooves Exercise</div> <div>2:00 Old Wives Tales and Superstitions</div>	<div>Valentine’s Day</div> <div>14</div> <div>10:30 Morning Mingle</div> <div>1:00 Family Visits and Independent Supplies</div>
<div>10:30 Praise /Worship Music</div> <div>2:00 Worship Service w/ Reverend Richard</div> <div>3:00 Independent Supplies & Family Visitations</div> <div>15</div>	<div>President’s Day</div> <div>16</div> <div>9:45 Morning Visits</div> <div>11:15 Guess Who? : Presidential Edition</div> <div>2:00 Horseracing</div>	<div>Fat Tuesday</div> <div>17</div> <div>9:45 Morning Visits</div> <div>10:30 Moves and Groove Exercise</div> <div>2:30 Glamour Nails and Manicures</div>	<div>Ash Wednesday</div> <div>18</div> <div>9:45 Morning Visits</div> <div>11:00 Hymnal Singalong</div> <div>2:00 Ash Wednesday Services</div>	<div>10:00 Morning Visits</div> <div>19</div> <div>11:00 Family Feud</div> <div>2:30 Bethany B.I.N.G.O w/ Kathy</div>	<div>9:45 Morning Visits</div> <div>20</div> <div>10:30 Moves and Grooves Exercise</div> <div>2:00 Popcorn and Oldies</div>	<div>10:30 Morning Mingle</div> <div>21</div> <div>1:00 Family Visits and Independent Supplies</div>
<div>10:30 Praise /Worship Music</div> <div>2:00 Worship Service w/ Reverend Richard</div> <div>3:00 Independent Supplies & Family Visitations</div> <div>22</div>	<div>9:45 Morning Visits</div> <div>23</div> <div>11:00 Match It Up</div> <div>1:00 Bob Michalski the Saxophonist (Live)</div>	<div>9:45 Morning Visits</div> <div>24</div> <div>11:00 Moves and Grooves Exercise</div> <div>2:30 Glamour Nails and Manicures</div>	<div>9:45 Morning Visits</div> <div>25</div> <div>11:00 What’s In A Name</div> <div>1:30 Photo Safari</div> <div>2:00 Aqua Painting</div>	<div>9:45 Morning Visits</div> <div>26</div> <div>11:00 Balloon Volleyball</div> <div>2:30 Bethany B.I.N.G.O w/ Kathy</div>	<div>9:45 Morning Visits</div> <div>27</div> <div>10:30 Moves and Grooves Exercise</div> <div>2:00 Bethany Monthly Birthday Party</div>	<div>10:30 Morning Mingle</div> <div>28</div> <div>1:00 Family Visits and Independent Supplies</div>