

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Praise /Worship Music 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	2 <u>Old Stuff Day</u> 9:45 Morning Visits 11:00 Bethany Charades 2:00 Snack Hour	3 <u>I Want To Be Happy Day</u> 9:45 Morning Visits 10:30 Moves and Grooves Exercise 2:30 Glamour Nails and Manicures	4 9:45 Morning Visits 11:00 Pillsbury Bakeoff Recipes 3:30 Smell This, Taste That: Oreo Edition	5 9:45 Morning Visits 11:00 Cheese Doodle 2:30 Bethany B.I.N.G.O w/ Kathy	6 <u>Oreo Cookie Day</u> 9:45 Morning Visits 10:30 Moves and Grooves Exercise 2:30 Glamour Nails and Manicures	7 10:30 Morning Mingle 1:00 Family Visits and Independent Supplies
8 <u>DAYLIGHT SAVINGS TIME BEGINS</u> 10:30 Praise /Worship Music 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Visits	9 <u>Barbie Day</u> 9:45 Morning Visits 11:00 Floating Tennis 1:30 Sing Along with Lillian, Martha & Carol	10 <u>Middle Name Pride Day</u> 9:45 Morning Visits 10:30 Moves and Grooves Exercise 2:30 Glamour Nails and Manicures	11 9:45 Morning Visits 11:00 Finish the Phrase 1:30 Photo Safari w/ Marty 2:00 Aqua Painting	12 <u>Popcorn Lovers Day</u> 9:45 Morning Visits 11:00 Magazine Hunt 2:30 Bethany B.I.N.G.O w/ Kathy	13 <u>Friday The 13th</u> 9:45 Morning Visits 10:30 Moves and Grooves Exercise 2:30 Old Wives Tales and Superstitions	14 10:30 Morning Mingle 1:00 Family Visits and Independent Supplies
15 10:30 Praise /Worship Music 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	16 <u>Everything You Do Is Right</u> 9:30 Daily News Buzz 10:30 Crafty Hour 1:30 Jeopardy Game	17 <u>St. Patrick's Day</u> 9:45 Glamour Nails and Manicures 10:30 Moves and Grooves Exercise 2:30 St. Patrick's Day Social	18 <u>Awkward Moment Day</u> 10:00 Daily Chronicles 11:00 Hot Cider Trivia 1:30 Snack & Chat	19 <u>Lets Laugh Day</u> 9:45 Morning Visits 11:00 Family Feud 2:30 Bethany B.I.N.G.O w/ Kathy	20 <u>1st DAY OF SPRING</u> 9:45 Morning Visits 10:30 Moves and Grooves Exercise 2:30 Corn Dog Social	21 10:30 Morning Mingle 1:00 Family Visits and Independent Supplies
22 10:30 Praise /Worship Music 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	23 <u>Chips & Dip Day</u> 9:45 Morning Visits 11:00 Match It Up 1:30 Snack and Chat	24 9:45 Morning Visits 10:30 Moves and Grooves Exercise 2:30 Glamour Nails and Manicures	25 9:45 Morning Visits 1:30 Photo Safari with Marty 2:00 Aqua Painting	26 <u>Make Up Your Own Holiday</u> 9:45 Morning Visits 11:00 Balloon Volleyball 2:30 Bethany B.I.N.G.O w/ Kathy	27 9:45 Morning Visits 10:30 Moves and Grooves Exercise 2:30 Bethany Monthly Birthday Party	28 10:30 Morning Mingle 1:00 Family Visits and Independent Supplies 2:00 Lowman Community Easter Egg Hunt (TBA)
29 <u>Palm Sunday</u> 10:30 Praise /Worship Music 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	30 <u>Im In Control Day</u> 9:30 Morning News Buzz 10:00 Daily Chronicles & Coffee Break Trivia 1:00 Bob Michalski the Saxophonist	31 <u>National Crayon Day</u> 9:45 Morning Visits 10:30 Crayon Portraits 2:30 Glamour Nails and Manicures	<h1>March 2026</h1> <h2>Woodside Memory Support @ the Heritage at Lowman</h2> <p>We always strive to do our best!!! Dates, times and locations are subject to change. Independent supplies are available on the units. All activities will held in the Activity Complex Room unless otherwise specified. If you have any questions, please contact: Life Enrichment (803) 451-7447</p>			