

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>We strive to do our best! Dates, times & locations are subject to change. Independent Supplies are available on the units. All activities will be held in the Activity Complex Room unless otherwise specified. Contact: Life Enrichment (803) 451-7447</div>	<div>10:00 Daily News Buzz¹</div> <div>10:30 Musical Singalong w/Audrey & Mary Lou</div> <div>1:30 Chair Volleyball</div>	<div>10:30 Morning Visits²</div> <div>11:00 Chair Yoga with Catherine</div> <div>1:30 Glamour Nails and Manicures</div>	<div>10:00 Morning News³</div> <div>11:00 Daily Chronicles</div> <div>1:30 Bethany Bingo</div>	<div>10:00 Morning Visits⁴</div> <div>11:00 Lowman Bowling</div> <div>1:30 Courtyard Strolls</div> <div>2:30 Resident’s Council</div>	<div>10:00 Morning Visits⁵</div> <div>11:00 Chair Yoga with Catherine</div> <div>1:30 "Let it Snow” Sock Snowmen</div>	<div>10:30 Morning Mingle⁶</div> <div>1:00 Family Visits and Independent Supplies</div>
<div>10:30 Praise & Worship Music⁷</div> <div>2:00 Worship Service w/ Reverend Richard</div> <div>3:00 Independent Supplies & Family Visitations</div>	<div><u>SANTA HAT & SOCKS</u>⁸</div> <div>10:00 Daily News Buzz</div> <div>10:30 True or False: Christmas edition</div> <div>2:30 Name That Tune with Lillian & Martha Ann</div>	<div><u>HOLIDAY COLORS</u>⁹</div> <div>10:00 Music Hour w/ Virginia</div> <div>11:00 Chair Yoga with Catherine</div> <div>1:30 Glamour Nails and Manicures</div>	<div><u>UGLY SWEATER</u>¹⁰</div> <div>10:00 Morning Visits</div> <div>11:00 Daily Chronicles</div> <div>1:30 Bethany Bingo</div>	<div><u>Fa-la-la-la-la Flannel</u>¹¹</div> <div>10:00 Morning News</div> <div>10:30 Morning Vibes & Tunes</div> <div>1:30 Down Memory Lane w/ Guitarist Chuck Ghee</div>	<div><u>CHRISTMAS CHARACTER</u>¹²</div> <div>10:00 Morning Visits</div> <div>11:00 Chair Yoga with Catherine</div> <div>1:30 Hot Cocoa & Christmas Trivia</div>	<div>10:30 Morning Mingle¹³</div> <div>1:00 Family Visits and Independent Supplies</div>
<div><u>HANUKKAH</u>¹⁴</div> <div>10:30 Praise /Worship Music</div> <div>2:00 Worship Service w/ Reverend Richard</div> <div>3:00 Independent Supplies & Family Visitations</div>	<div>10:00 Daily News Buzz¹⁵</div> <div>10:30 Musical Singalong w/Audrey & Mary Lou</div> <div>1:30 Christmas Movie & Cookies</div>	<div>11:00 Chair Yoga with Catherine¹⁶</div> <div>1:30 Glamour Nails and Manicures</div> <div>4-6pm Mingle and Jingle Holiday Family Party</div>	<div>¹⁷</div> <div>10:00 Morning Visits</div> <div>11:00 Daily Chronicles</div> <div>1:30 Bethany Bingo</div>	<div>9:45 American Leadership Academy Children’s Sing-a-long¹⁸</div> <div>1:00 Piano Tunes w/ Jim Koltuniak</div> <div>1:30 Oldies but Goodies Holiday Fun</div>	<div>10:00 Morning Visits¹⁹</div> <div>11:00 Chair Yoga with Catherine</div> <div>1:30 DIY Christmas Ornaments</div>	<div>10:30 Morning Mingle²⁰</div> <div>1:00 Family Visits and Independent Supplies</div>
<div><u>WINTER BEGINS</u>²¹</div> <div>10:30 Praise /Worship Music</div> <div>2:00 Worship Service w/ Reverend Richard</div> <div>3:00 Independent Supplies & Family Visitations</div>	<div>10:00 Daily News Buzz²²</div> <div>11:00 Reindeer Games</div> <div>1:30 Smell This, Taste That: Christmas Goodies</div>	<div>10:00 Music Hour w/ Virginia²³</div> <div>11:00 Chair Yoga with Catherine</div> <div>1:30 Glamour Nails and Manicures</div>	<div><u>CHRISTMAS EVE</u>²⁴</div> <div>10:00 Morning Visits</div> <div>11:00 Daily Chronicles</div> <div>1:30 Bethany Bingo</div>	<div><u>CHRISTMAS</u>²⁵</div> <div>Merry Christmas & Happy Holidays</div> <div>Family Visits & Independent Supplies</div>	<div><u>KWANZAA</u>²⁶</div> <div>10:00 Morning Visits</div> <div>11:00 Chair Yoga with Catherine</div> <div>1:30 Coffee break and Trivia</div>	<div>10:30 Morning Mingle²⁷</div> <div>1:00 Family Visits and Independent Supplies</div>
<div>10:30 Praise /Worship Music²⁸</div> <div>2:00 Worship Service w/ Reverend Richard</div> <div>3:00 Independent Supplies & Family Visitations</div>	<div>10:00 Daily News Buzz²⁹</div> <div>11:00 Snowball</div> <div>1:00 New Years Celebration w/ Bob Michalski the Saxophonist (LIVE)</div>	<div>10:00 Morning Visits³⁰</div> <div>11:00 Chair Yoga with Catherine</div> <div>1:30 Glamour Nails and Manicures</div>	<div><u>NEW YEARS’ EVE</u>³¹</div> <div>10:00 Morning Vibes & Tunes</div> <div>11:00 Hungry, Hungry Hippo</div> <div>1:30 Bethany Bingo</div>	<div>December 2025</div> <div>LAKESIDE ASSISTED LIVING</div> <div>@ THE HERITAGE AT LOWMAN</div>		