

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2024

<p>October 2024</p>	<p>10:00am Moment of Prayer 10:30am Bible Stories with Jim Reed (Non-Denominational) 1:30pm Family Feud 2:30pm Crafting Corner: 3:30pm cookies and coffee Social 4:15pm Rock, Paper, Scissors Championship</p> <p>International Coffee Day</p>	<p>10:15am This Day in History 10:30am Tai Chi with Kevin 1:30pm 2:30pm BINGO 4:00pm Mocktail Happy Hour (Refreshing Spritzers) with Fact or Fiction Quiz Game 6:00pm Puzzle Hour (Unit Dayrooms)</p> <p>National Custodian Day</p>	<p>10:15am Thankful Thursday 10:45am Yoga with Catherine 2:00pm Afternoon Quiz on IN2L 2:30pm Music with Jim Koltuniak 4:00pm Snack Social 4:30pm Inflatable Bowling 5:00pm Dinner and a Movie (Unit Dayrooms)</p>	<p>10:15am Morning Meditation 10:30am Virtual Bible Stories 2:00pm Mocktail Happy Hour and Karaoke in the Hoefler Gallery 3:15pm BINGO 4:15pm Name that Tune 6:00pm Color and Connect (Unit Dayrooms)</p> <p>World Smile Day</p>	<p>10:00am Story Time with Henry Vander Voort 11:00am Move and Groove with Ernie</p> <p>Saturday Morning Brain Games Gardening Brainstorming Seasonal Change</p>
<p>10:00am Worship Service/ communion with Pastor Sue Johnson HCC (Living word chapel) 10:30am Morning Meditation and Music 11:15am Sunday Crafting Corner 1:00pm Independent Leisure Coloring</p>	<p>10:00am Mindful Monday Affirmations 10:30am Move & Groove with Ernie 2:30pm Monday Manicures 4:00pm Music Mania 5:00pm Board Games & Social Hour (Unit Dayrooms)</p> <p>National inner Beauty Day</p>	<p>10:30am Bible Stories with Jim Reed (Non-Denominational) 1:30pm Blank Slate: Holiday Washington 4:00pm snack Social 5:00pm Dinner & A Movie (Unit Dayrooms)</p>	<p>10:15am This day in history 10:30am Tai Chi with Kevin 1:30pm Clean Stand-up Comedy 3:00pm BIG Bowling 4:00-5:00pm Mocktail Hour Social</p> <p>National Stop Bullying Day</p>	<p>10:15am Thankful Thursday 10:45am Yoga with Catherine 2:30pm Music with Chuck Gee 4:00pm AFV funny Animals 5:00pm Dinner and A Movie (Unit Dayroom)</p> <p>National Spread Joy Day</p>	<p>10:00am Story Time with Life Enrichment 11:00am Move and Groove with Ernie Saturday Afternoon Brain Games</p> <p>Leisure, Sensory, and independent activities are available in all common areas and Day Rooms</p>
<p>10:00am Worship Service/ communion with Pastor Sue Johnson HCC (Living word chapel) 11:15am Sunday Crafting Corner 1:00pm Independent Leisure Coloring Dinner and a Movie (Unit Dayrooms)</p>	<p>10:15am Mindful Monday Affirmations 10:30am Move & Groove with Ernie 2:30pm Monday Manicures 4:00pm The Pri\$e is Right Game 5:00pm Monday Movie Matinee (Unit Dayrooms)</p>	<p>10:30am Bible Stories with Jim Reed (Non-Denominational) 1:30pm Table Twister 2:30pm BINGO 4:00pm Celebrity Trivia 5:00pm Dinner and a Movie (Unit Dayrooms)</p>	<p>10:15am This Day in History 10:30am Tai Chi with Kevin 1:30pm Virtual Bible Study 2:30pm Virtual Musical Concert with Elton John 4:00pm Wellness Wednesday Workout: upper body Stretching with light music (Unit Dayrooms)</p>	<p>10:15am Morning Music 10:45am Yoga with Catherine 2:00pm Monster Mash Halloween Craft 2:30pm Gaming on IN2L 4:00pm Motown Move and Groove 5:00pm Dinner and a Movie (Unit Dayrooms)</p> <p>National Pasta Day</p>	<p>10:00am Story Time with Life Enrichment 11:00am Move and Groove with Ernie 12:30pm Saturday Afternoon Brain Games 1:00pm Virtual Sunday service with Pastor Tony Evans Leisure, Sensory, and independent activities are available in all common areas and Day Rooms.</p>
<p>10:00am Sunday worship Music 11:15am Worship Service/ communion with Pastor Sue Johnson HCC (Living word chapel) 1:00pm Independent Leisure Coloring Dinner and a Movie (Unit Dayrooms)</p>	<p>10:15am Mindful Monday Affirmations 10:30am Move & Groove with Ernie 2:30pm Monday Manicures 4:00pm 5:00pm Memory Lane 1950's & 60's Music Videos 6:00pm Board Games & Social Hour (Unit Dayrooms)</p>	<p>10:30am Bible Stories with Jim Reed (Non-Denominational) 1:30pm I'm Havig a Picnic Game 2:30pm BINGO 4:00pm Name That Tune: Commercial Jingles 5:00pm Dinner and a Movie (Unit Dayrooms)</p>	<p>10:15am This Day in History 10:30am Tai Chi with Kevin 2:30pm Music with Bob Michalski 3:30pm Table Twister</p> <p>National Medical Assistants Day</p>	<p>10:15am Morning Music 10:45am Yoga with Catherine 2:00PM BINGO with WINGS 3:00pm & Cookies 4:30pm Music Matinee 5:00pm Dinner and a Movie (Unit Dayrooms)</p>	<p>10:15am Morning Meditation 10:30am Bible Stories with Jim Reed (Non-Denominational) 2:30pm Mocktail & Karaoke 4:15pm Independant Social 6:00pm Color and Connect (Unit Dayrooms)</p> <p>World Opera Day</p> <p>Leisure, Sensory, and independent activities are available in all common areas and Day Rooms.</p>
<p>10:00am Worship Service/ communion with Pastor Sue Johnson HCC (Living word chapel) 11:15am Sunday 2:00pm Leisure Arts & Crafts 3:00pm BINGO with White Rock Baptist Church Dinner and a Movie (Unit Dayrooms)</p>	<p>10:15am Mindful Monday Affirmations 10:30am Move & Groove with Ernie 2:30pm -3:30pm Monday Manicure 4:00 Music Social & Mocktails 6:00pm Puzzle & Social Hour (Unit Dayrooms)</p> <p>National Chocolate Day</p>	<p>10:30am Bible Stories with Jim Reed (Non-Denominational) 1:30pm Short film & Mocktail 2:30pm Craft Corner: Sip and paint with Bob Ross (Virtual) 4:00pm Would you Rather Game 5:00pm Dinner and a Movie (Unit Dayrooms)</p>	<p>10:15am This Day in History 10:30am Tai Chi with Kevin 1:30pm 2:30pm Flarts Game 4:00pm Mocktail Happy Hour 4:15pm Fact or Fiction Quiz Game: Sports Category 6:00pm Puzzle Hour (Unit Dayrooms)</p>	<p>10:15am This Day in History 10:30am Tai Chi with Kevin 2:30pm RESIDENTS COUNCIL 3:30pm Try not to laugh Jokes with Life Enrichment 5:00pm Puzzle Hour (Unit Dayrooms)</p>	<p>October 2024 Skilled Nursing & Rehabilitation at the Heritage at Lowman</p> <p>Additions, and Time Adjustments are Unavoidable to this Calendar. When Activities are not scheduled, independent and one on one opportunities are available. Activities are held in the Activity Room unless otherwise specified. Please Contact the Life Enrichment Team: (803) 451-7447 if you have any question or concerns.</p>