

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00am Sunday Devotional 1</p> <p>10:30am Morning Meditation and Music</p> <p>11:15am Worship Service with Jane Mitcham HCC (Living word chapel)</p> <p>2:00pm Crafting Corner</p> <p>3:00pm Social Sunday with Inspirational Gospel Music</p>	<p>10:00am Mindful Monday 2</p> <p>Affirmations</p> <p>10:30am Move &amp; Groove with Ernie</p> <p>2:30pm Monday Manicures</p> <p>3:30pm Audio Book Club &amp; Iced Tea</p> <p>4:15pm Time Machine Trivia</p> <p>6:00pm Board Games &amp; Social Hour</p> <p>(Unit Dayrooms)</p> <p>Happy Labor Day</p>	<p>10:00am Moment of Prayer 3</p> <p>10:30am Bible Stories with Jim Reed</p> <p>1:30pm Family Feud</p> <p>2:30pm Crafting Corner:</p> <p>3:30pm Sugar Cookie Social</p> <p>4:15pm Musical Hands Repeat after me</p> <p>5:00pm Dinner and a Movie</p> <p>(Unit Dayrooms)</p>	<p>10:15am This Day in History 4</p> <p>10:30am Tai Chi with Kevin</p> <p>1:30pm Bible Study with Pastor Sue</p> <p>2:30pm BINGO</p> <p>4:00pm Mocktail Happy Hour (Refreshing Spritzers)</p> <p>4:15pm Fact or Fiction Quiz Game</p> <p>6:00pm Puzzle Hour</p> <p>(Unit Dayrooms)</p>	<p>10:15am Thankful Thursday 5</p> <p>10:45am Yoga with Catherine</p> <p>2:00pm Afternoon Quiz on IN2L</p> <p>2:30pm Music with Jim Koltuniak</p> <p>4:00pm Snack Social</p> <p>4:30pm Inflatable Bowling</p> <p>5:00pm Dinner and a Movie</p> <p>(Unit Dayrooms)</p>	<p>10:15am Morning Meditation 6</p> <p>10:30am Bible Stories with Jim Reed</p> <p>2:00pm Mocktail Happy Hour and Karaoke in the Hoefler Gallery</p> <p>3:15pm BINGO</p> <p>4:15pm Name that Tune</p> <p>6:00pm Color and Connect</p> <p>(Unit Dayrooms)</p>	<p>10:00am Singing with Henry Vander Voort 7</p> <p>11:00am Move and Groove with Ernie</p> <p>2:00pm Saturday Morning Brain Games</p> <p>3:00pm Gardening Brainstorming Seasonal Change</p>
<p>10:00am Sunday Devotional 8</p> <p>10:30am Morning Meditation and Music</p> <p>11:15am Worship Service with Pastor Sue HCC (Living Word Chapel)</p> <p>2:00pm Thank you card Making</p> <p>Happy Grandparents Day</p> <p>Happy Physical Therapy Day</p>	<p>10:15am Mindful Monday 9</p> <p>10:30am Move &amp; Groove with Ernie</p> <p>11:00am to 12:30pm One on Ones</p> <p>2:30pm Monday Manicures</p> <p>4:00pm The Pri\$e is Right Game</p> <p>5:00pm Monday Movie Matinee</p> <p>6:00pm Board Games &amp; Social Hour</p> <p>(Unit Dayrooms)</p>	<p>10:15am A Moment of Prayer 10</p> <p>10:30am Bible Stories with Jim Reed Non-Denomination</p> <p>1:30pm Blank Slate</p> <p>2:30pm Music with Tony Washington</p> <p>4:00pm Cookie Social</p> <p>5:00pm Dinner &amp; A Movie</p> <p>(Unit Dayrooms)</p>	<p>10:15am This day in history 11</p> <p>10:30am Tai Chi with Kevin</p> <p>1:30pm Bible Study with Rev. Sue</p> <p>2:30pm BINGO</p> <p>4:00-5:00pm Mocktail Hour Social</p> <p>Patriot Day</p> <p>(National Observance of 9/11)</p>	<p>10:15am Thankful Thursday 12</p> <p>10:45am Yoga with Catherine</p> <p>2:30pm Music with Chuck Gee</p> <p>4:00pm AFV Oops and fails</p> <p>5:00pm Dinner and A Movie</p> <p>(Unit Dayroom)</p>	<p>10:15am Morning Meditation 13</p> <p>10:30am Bible Stories with Jim Reed</p> <p>1:30pm Jeopardy</p> <p>2:30pm Crafting Corner: Cork in a cup Game making</p> <p>3:15pm Friday Fun Fitness</p> <p>4:15pm Name That Tune: Slow Jams 70's 80's</p> <p>6:00pm Color and Connect (Unit Dayrooms)</p>	<p>10:00am Singing with Henry Vander Voort 14</p> <p>11:00am Move and Groove with Ernie</p> <p>2:00pm Saturday Afternoon Brain Games</p> <p>3:00pm Audio Book Club Leisure, Sensory, and independent activities are available in all common areas and Day Rooms</p>
<p>10:00am Sunday Devotional 15</p> <p>10:30am Morning Meditation and Music</p> <p>11:15am communion Sunday &amp; Worship Service with Pastor Sue HCC (Living Word Chapel)</p> <p>2:00pm Leisure Arts &amp; Crafts</p> <p>3:00pm Social Sunday</p>	<p>10:15am Mindful Monday 16</p> <p>10:30am Move &amp; Groove with Ernie</p> <p>2:30pm Monday Manicures</p> <p>4:00pm 5:00pm Memory Lane</p> <p>1950's &amp; 60's Music Videos</p> <p>6:00pm Board Games &amp; Social Hour</p> <p>(Unit Dayrooms)</p>	<p>10:30am HCC Bible Study &amp; Communion with Pastor Sue 17</p> <p>1:30pm Brain game: Scrabble</p> <p>2:30pm Craft Corner: Tea paper Making</p> <p>4:00pm BINGO</p> <p>5:00pm Dinner and a Movie</p> <p>(Unit Dayrooms)</p> <p>Constitution Day</p>	<p>10:15am This Day in History 18</p> <p>10:30am Tai Chi with Kevin</p> <p>1:30pm Bible Study with Pastor Sue</p> <p>2:30pm Virtual Musical Concert with Centhia Erivo</p> <p>4:00pm Wellness Wednesday Workout: upper body Stretching with light music</p> <p>4:30pm Independant social</p> <p>6:00pm Puzzle Hour</p> <p>(Unit Dayrooms)</p>	<p>10:15am Morning Music 19</p> <p>10:45am Yoga with Catherine</p> <p>2:00pm Name That Game Show tune</p> <p>2:30pm Gaming on IN2L</p> <p>4:00pm Motown Move and Groove</p> <p>5:00pm Dinner and a Movie</p> <p>(Unit Dayrooms)</p>	<p>10:15am Morning Meditation 20</p> <p>10:30am Bible Stories with Jim Reed</p> <p>Jeopardy</p> <p>2:30pm Crafting Corner:</p> <p>3:15pm Friday Fun Fitness</p> <p>4:15pm Name That Tune: Movie Theme Songs</p> <p>6:00pm Color and Connect (Unit Dayrooms)</p>	<p>10:00am Singing with Henry Vander Voort 21</p> <p>11:00am Move and Groove with Ernie</p> <p>2:00pm Saturday Afternoon Brain Games</p> <p>3:00pm Virtual Sunday service with Pastor Tony Evans ND Leisure, Sensory, and independent activities are available in all common areas and Day Rooms.</p>
<p>10:00am Sunday Devotional 22</p> <p>10:30am Morning Meditation and Music</p> <p>11:15am Worship Service with Pastor Sue HCC (Living Word Chapel)</p> <p>2:00pm Audio Book Club</p> <p>3:00pm Social Sunday</p>	<p>10:15am Mindful Monday 23</p> <p>10:30am Move &amp; Groove with Ernie</p> <p>2:30pm Music with Bob Michalski</p> <p>3:30pm Monday Manicure</p> <p>4:00 Music Social</p> <p>6:00pm Puzzle &amp; Social Hour</p> <p>(Unit Dayrooms)</p>	<p>10:30am HCC Bible Study &amp; Communion with Pastor Sue 24</p> <p>1:30pm Brain game: Scrabble</p> <p>2:30pm Craft Corner: Sip and paint with Bob Ross (Virtual)</p> <p>4:00pm Audio Book Club</p> <p>5:00pm Dinner and a Movie</p> <p>(Unit Dayrooms)</p>	<p>10:15am This Day in History 25</p> <p>10:30am Tai Chi with Kevin</p> <p>1:30pm Bible Study with Pastor Sue</p> <p>2:30pm RESIDENTS COUNCIL</p> <p>4:00pm Try not to laugh Jokes with Life Enrichment</p> <p>5:00pm Puzzle Hour</p> <p>(Unit Dayrooms)</p>	<p>10:15am Morning Music 26</p> <p>10:45am Yoga with Catherine</p> <p>2:00PM BINGO with WINGS</p> <p>3:00pm Milk Taste Test &amp; Cookies</p> <p>4:30pm Music Matinee</p> <p>5:00pm Dinner and a Movie</p> <p>(Unit Dayrooms)</p>	<p>10:15am Morning Meditation 27</p> <p>10:30am Bible Stories with Jim Reed</p> <p>2:30pm Mocktail &amp; Karaoke</p> <p>4:15pm Independant Social</p> <p>6:00pm Color and Connect</p> <p>(Unit Dayrooms)</p>	<p>10:00am Singing with Henry Vander Voort 28</p> <p>11:00am Move and Groove with Ernie</p> <p>2:00pm Saturday Afternoon Brain Games</p> <p>Leisure, Sensory, and independent activities are available in all common areas and Day Rooms.</p>
<p>10:00am Sunday Devotional 29</p> <p>10:30am Morning Meditation and Music</p> <p>11:15am Worship Service with Pastor Sue HCC (Living Word Chapel)</p> <p>2:00pm Leisure Arts &amp; Crafts</p> <p>3:00pm Social Sunday</p>	<p>10:00am Mindful Monday 30</p> <p>10:30am Move &amp; Groove with Ernie</p> <p>2:30pm Monday Manicures</p> <p>3:30pm Name That Tune</p> <p>4:15pm Time Machine Trivia</p> <p>6:00pm Board Games &amp; Social Hour</p> <p>(Unit Dayrooms)</p>	<p><b>September 2024</b></p> <p><b>Skilled Nursing &amp; Rehabilitation at the Heritage at Lowman</b></p> <p>Additions, and Time Adjustments are Unavoidable to this Calendar. When Activities are not scheduled, independent and one on one opportunities are available. Activities are held in the Activity Room unless otherwise specified. Please Contact the Life Enrichment Team: (803) 451-7447 if you have any question or concerns.</p>				