

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
One Flag... One Land... One Heart... One Hand... One Nation... FOREVERMORE!!!! -Oliver Wendell Holmes July 2025		CANADA DAY 1 10:15 Morning Vibes & Tunes 10:30 Moves & Grooves with Ernie 2:30 Lowman Bingo	HALFWAY POINT OF THE YEAR 2 10:15 Morning Vibes & Tunes 10:30 Tai Chi with Kevin 2:30 Cornhole Tourney	3 10:15 Morning Vibes & Tunes 10:30 Guess Who??? : President's Edition 2:30 Artist Corner: America the Beautiful	INDEPENDENCE DAY 4 10-12 Glamour Nails and Manicures 10:30 Moves & Grooves with Ernie 2:00 Lowman Patriotic	5 10:30 Morning Coffee Club 11:15 Word Games: Guess the Phrase 1:00 Family Visits and Independent supplies
6 10:00 Sunday Morning Music & Mediation 11:15 Worship Service HCC (Living Word Chapel) 1:00 Family Visits & Independent Supplies	7 10:15 Morning Vibes & Tunes 10:30 Story Time with Henry Vander Voort 2:30 Game Hour: Twister with a Twist	8 10:15 Morning Vibes & Tunes 10:30 Moves & Grooves with Ernie 2:30 Karaoke Hour with Tony Washington	9 10:15 Morning Vibes & Tunes 10:30 Tai Chi with Kevin 2:30 Lowman Bingo	10 10:15 Morning Vibes & Tunes 10:30 Hot Crossed Buns and Trivia 2:30 Musical Tunes with Chuck Ghee	11 10-12 Glamour Nails and Manicures 10:30 Moves & Grooves with Ernie 2:30 Lowman Bingo	12 10:30 Morning Coffee Club 11:15 Jigsaw Puzzles 1:00 Family Visits and Independent supplies
13 10:00 Sunday Morning Music & Mediation 11:15 Worship Service HCC (Living Word Chapel) 1:00 Family Visits & Independent Supplies	14 10:15 Morning Vibes & Tunes 10:30 Story Time with Henry Vander Voort 2:30 Game Hour : Lowman Horseracing	OUTING: WALMART 15 10:15 Morning Vibes & Tunes 10:30 Coffee Club Hour 2:30 Popcorn and a Movie	16 10:15 Morning Vibes & Tunes 10:30 Tai Chi with Kevin 2:30 Resident's Council	17 10:15 Morning Vibes & Tunes 10:30 Courtyard Strolls 2:30 Floating Tennis	18 10-12 Glamour Nails and Manicures 10:30 Moves & Grooves with Ernie 2:30 Lowman Bingo	19 10:30 Morning Coffee Club 11:15 Balloon Volleyball 1:00 Family Visits and Independent supplies
20 10:00 Sunday Morning Music & Mediation 11:15 Worship Service HCC (Living Word Chapel) 1:00 Family Visits & Independent Supplies	21 10:15 Morning Vibes & Tunes 10:30 Story Time with Henry Vander Voort 2:30 Game Hour: 5 Second Rule	22 10:15 Morning Vibes & Tunes 10:30 Moves & Grooves with Ernie 2:30 Piano Music with	23 10:15 Morning Vibes & Tunes 10:30 Tai Chi with Kevin 2:30 Artist Corner: Cool Whip Portraits	24 10:15 Morning Vibes & Tunes 10:30 True or False??? 2:30 Smell This, Taste That: Cheesecake Tasting	25 10-12 Glamour Nails and Manicures 10:30 Moves & Grooves with Ernie 2:30 Lowman Bingo	26 10:30 Morning Coffee Club 11:15 Trivial Pursuit: Baby Boomers Edition 1:00 Family Visits and Independent supplies
27 10:00 Sunday Morning Music & Mediation 11:15 Worship Service HCC (Living Word Chapel) 3:00 White Rock Bingo	28 10:30 Story Time with Henry Vander Voort 1:30 Game Hour: What's In A Name 2:30 Bob Michalski Music (Saxophonist)	OUTING: OLIVE GARDEN 29 10:15 Morning Vibes & Tunes 10:30 Coffee Club Hour 2:30 Popcorn and a Movie	30 10:15 Morning Vibes & Tunes 10:30 Tai Chi with Kevin 2:30 Lowman Auction It!!!	31 10:15 Morning Vibes & Tunes 10:30 Floral Arrangements 2:30 Monthly Birthday Party for June	We always strive to do our best!!!! Dates, times and locations are subject to change. Independent Supplies are available on the units. All activities will be held in the Activity Complex Room unless otherwise specified. Contact: Life Enrichment (803) 451-7447	