

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>August 2025</div> <div>"I can't change the direction of the wind, but I can adjust my sails to always reach my destination." - Jimmy Dean</div>					<div>10-12 Glamour Nails and Manicures<sup>1</sup></div> <div>10:30 Move and Grooves with Ernie</div> <div>2:30 Lowman Bingo</div>	<div>210:30 Morning Coffee Club</div> <div>11:15 Morning Stretches</div> <div>1:00 Family Visits &amp; Independent Supplies</div>
<div>311:15 Sunday Worship Service</div> <div>1:00 Family Visits and Independent Supplies</div>	<div>4US COAST GUARD DAY</div> <div>10:30 Story Time with Henry Vander Voort</div> <div>2:30 National Chocolate Chip Cookie Day Social</div>	<div>510:15 Morning Vibes &amp; Tunes</div> <div>10:30 Move and Grooves with Ernie</div> <div>2:30 Game Hour: Twister</div>	<div>610:15 Morning Vibes &amp; Tunes</div> <div>10:30 Tai Chi with Kevin</div> <div>2:00 Popcorn And A Movie</div>	<div>710:15 Morning Vibes &amp; Tunes</div> <div>10:30 Potpourri Hour</div> <div>2:30 Root Beer Floats</div>	<div>810-12 Glamour Nails and Manicures</div> <div>10:30 Move and Grooves with Ernie</div> <div>2:30 Lowman Bingo</div>	<div>910:30 Morning Coffee Club</div> <div>11:15 Balloon Volleyball</div> <div>1:00 Family Visits &amp; Independent Supplies</div>
<div>1011:15 Sunday Worship Service</div> <div>1:00 Family Visits and Independent Supplies</div>	<div>1110:15 Morning Vibes &amp; Tunes</div> <div>10:30 Story Time with Henry Vander Voort</div> <div>2:30 S'Mores and More</div>	<div>12NAT'L VINYL RECORD DAY</div> <div>10:30 Moves and Grooves with Ernie</div> <div>2:30 Karaoke Hour with Tony Washington (Live)</div>	<div>1310:15 Morning Vibes &amp; Tunes</div> <div>10:30 Tai Chi with Kevin</div> <div>2:30 Smell This, Taste That: Soda Pops</div>	<div>1410:15 Morning Vibes &amp; Tunes</div> <div>10:30 Fruit Smoothies &amp; News</div> <div>2:30 Musical Hour with Chuck Ghee (Live)</div>	<div>1510-12 Glamour Nails and Manicures</div> <div>10:30 Move and Grooves with Ernie</div> <div>2:30 Lowman Bingo</div>	<div>1610:30 Morning Coffee Club</div> <div>11:15 Morning Stretches</div> <div>1:00 Family Visits &amp; Independent Supplies</div>
<div>1711:15 Sunday Worship Service</div> <div>1:00 Family Visits and Independent Supplies</div>	<div>1810:15 Morning Vibes &amp; Tunes</div> <div>10:30 Story Time with Henry Vander Voort</div> <div>2:30 Creative Arts Hour</div>	<div>1910:15 Morning Vibes &amp; Tunes</div> <div>10:30 Moves and Grooves with Ernie</div> <div>2:30 Resident's Council</div>	<div>2010:15 Morning Vibes &amp; Tunes</div> <div>10:30 Tai Chi With Kevin</div> <div>2:30 Banana Splits &amp; Waffle Cones Social</div>	<div>2110:15 Morning Vibes &amp; Tunes</div> <div>10:30 What's In a Name</div> <div>2:30 Name That Tune with Jim Koluniak (Live)</div>	<div>2210-12 Glamour Nails and Manicures</div> <div>10:30 Move and Grooves with Ernie</div> <div>2:30 Lowman Bingo</div>	<div>2310:30 Morning Coffee Club</div> <div>11:15 TV Land Moments</div> <div>1:00 Family Visits &amp; Independent Supplies</div>
<div>2411:15 Sunday Worship Service</div> <div>3:00 White Rock Bingo</div> <div>1:00 Family Visits and Independent Supplies</div>	<div>2510:15 Morning Vibes &amp; Tunes</div> <div>10:30 Story Time with Henry Vander Voort</div> <div>2:30 Bob Michaiski the Saxophonist (Live)</div>	<div>2610:15 Morning Vibes &amp; Tunes</div> <div>10:30 Moves and Grooves with Ernie</div> <div>2:30 Armchair Travelogue</div>	<div>2710:15 Morning Vibes &amp; Tunes</div> <div>10:30 Tai Chi with Kevin</div> <div>2:30 The Price Is Right</div>	<div>2810:15 Morning Vibes &amp; Tunes</div> <div>10:30 Horseracing Games</div> <div>2:30 W.I.N.G.S Bingo</div>	<div>2910-12 Glamour Nails and Manicures</div> <div>10:30 Move &amp; Grooves with Ernie</div> <div>2:30 Lowman Monthly Birthday Party</div>	<div>3010:30 Morning Coffee Club</div> <div>11:15 Morning Stretches</div> <div>1:00 Family Visits &amp; Independent Supplies</div>
<div>3111:15 Sunday Worship Service</div> <div>1:00 Family Visits and Independent Supplies</div>	<div>Skilled Nursing: The Heritage at Lowman</div> <div>We always strive to do our best!!!! Dates, times and locations are subject to change. Independent Supplies are available on the units. All activities will be held in the Activity Complex Room unless otherwise specified.</div> <div>Contact: Life Enrichment (803) 451-7447</div>					