get background at www.twitterevolutions.com

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Praise & Worship Music 2:00 Worship Service with Reverend Richard 3:00 Independent Supplies & Family Visits	2 10:30 Bible Study 1:30 Potpourri Hour w/ Babbie & Judy 2:30 Unexpected Places	3 10:30 Chair Zumba 1:30 Reading Group 2:00 Family Uno (WS)	4 10:30 Hymnal Sing Along 11:30 Lunch Melodies with Carol 1:30 Hand Massages 2:30 Tunes of Thanks	5 10:30 Bible Study 1:30 Daily Chronicles/ Glamour Nails 2:00 Bingo w Kathy	6 10:30 Silver Sneakers (WS) 11:00 Chair Yoga w/ Catherine 1:30 Hand Massages 2:00 Floor Hockey	7 10:30 Morning Mingle 1:00 Family Visits & Independent Supplies
8 10:30 Praise & Worship Music 2:00 Worship Service with Reverend Richard 3:00 Independent Supplies & Family Visits	9 10:30 I Remember a Time When 1:30 Cranium Crunches 2:00 Singalong with Lillian, Martha & Carol	10 USMC Birthday 10:30 Bible Study 1:30 History of Veterans Day 2:00 Thank You Cards	11 Veterans Day 10:45 Chair Yoga 11:30 Lunch Melodies with Carol 1:30 Photo Safari w/Marty 2:30 Veteran Appreciation	12 10:30 Bible Study 1:00 Chuck Gee Guitarist (WS) 2:30 Bingo w Kathy	13 10:30 Silver Sneakers 11:00 Chair Yoga w/ Catherine 2:00 Paint & Sip	14 10:30 Morning Mingle 1:00 Family Visits & Independent Supplies
15 10:30 Praise & Worship Music 2:00 Worship Service with Reverend Richard 3:00 Independent Supplies & Family Visits	16 10:30 Where in the World 1:30 Hidden Figures 2:00 Chapin Chirpers Choir	17 10:30 Bible Study 1:30 Music Listening 2:00 Golden Girls Social w/ Babbie & Judy	18 10:45 Stuffing Trivia 11:30 Lunch Melodies with Carol 1:30 Potpourri Hour 2:00 Birthday Party	19 10:30 Bible Study 1:30 Glamour Nails 2:00 Bingo w Kathy	20 10:45 Mind Alert Trivia 11:00 Chair Yoga w/ Catherine 1:30 Beers and Beards Social 2:45 Left, Right Game	21 10:30 Morning Mingle 1:00 Family Visits & Independent Supplies
22 10:30 Praise & Worship Music 2:00 Worship Service with Reverend Richard 3:00 Independent Supplies & Family Visits	23 10:30 Family Word Search 1:30 Capture the Bandit 2:30 Karaoke Hour	24 10:30 Bible Study 1:30 Music Listening 2:00 Thanksgiving Tea Party	25 10:30 Memory Ball 11:30 Lunch Melodies with Carol 1:30 Glamour Nails (WS) 2:00 November Trivia	26 HAPPY THANKSGIVING!!! Family Visits & Independent Supplies	27 11:00 Chair Yoga w/ Catherine 1:30 College Football Trivia 2:00 USC/Clemson Rivalry Party	28 Clemson vs USC Rivalry Game Day 10:30 Morning Mingle 1:00 Family Visits & Independent Supplies
29 10:30 Praise & Worship Music 2:00 Worship Service with Reverend Richard 3:00 Independent Supplies & Family Visits	30 10:30 Bible Study 1:00 Bob Michalski (Saxophone) 2:00 Hidden Figures					

We Strive to do our best! Date, Times, and Locations are subject to change. Independent Supplies are available on the units. All Activities will be held in Activity Complex Room unless otherwise specified.

If you have any questions, please contact : Life Enrichment(803)451-7447.

LAKESIDE ASSISTED LIVING @ THE HERITAGE AT LOWMAN