

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

						<p>9:45 Morning Visits 1</p> <p>10:30 Moves &amp; Grooves Exercise Group</p> <p>2:30 Old Wives Tales and Superstitions</p>	<p>2</p> <p>10:30 Morning Mingle</p> <p>1:00 Family Visits and Independent Supplies</p>
<p>10:30 Praise /Worship Music 3</p> <p>2:00 Worship Service w/ Reverend Richard</p> <p>3:00 Independent Supplies &amp; Family Visitations</p>	<p>9:30 Daily News Buzz 4</p> <p>10:30 Crafty Hour</p> <p>1:30 Jeopardy Game</p>	<p><u>CINCO DE MAYO</u> 5</p> <p>9:45 Morning Visits</p> <p>10:30 Moves &amp; Grooves Exercise Group</p> <p>2:00 Cinco De Mayo Mother's Day Social</p>	<p>9:45 Morning Visits 6</p> <p>11:00 Mind Alert Trivia</p> <p>1:30 Musical Chairs</p> <p>2:30 Glamour Nails and Manicures</p>	<p>9:45 Morning Visits 7</p> <p>11:00 Magazine Hunt</p> <p>2:00 Sing-A-Long w/ Lillian, Martha &amp; Carol (Lakeside)</p>	<p>9:45 Morning Visits 8</p> <p>10:30 Moves &amp; Grooves Exercise Group</p> <p>2:30 Balloon Volleyball</p>	<p>9</p> <p>10:30 Morning Mingle</p> <p>1:00 Family Visits and Independent Supplies</p>	
<p><u>MOTHER'S DAY</u> 10</p> <p>10:30 Praise /Worship Music</p> <p>2:00 Worship Service w/ Reverend Richard</p> <p>3:00 Independent Supplies &amp; Family Visitations</p>	<p>11</p> <p>9:30 Morning Visits</p> <p>11:00 Match It Up</p> <p>2:00 Snack and Chat</p>	<p>12</p> <p>9:45 Morning Visits</p> <p>10:30 Moves &amp; Grooves Exercise Group</p> <p>2:30 Glamour Nails and Manicures</p>	<p>13</p> <p>10:00 Daily Chronicles</p> <p>11:00 I Declare War</p> <p>2:30 Apple Pie À La Mode</p>	<p>14</p> <p>9:45 Morning Visits</p> <p>11:00 Family Feud</p> <p>2:00 Bethany B.I.N.G.O w/ Kathy</p>	<p>15</p> <p>9:45 Morning Visits</p> <p>10:30 Moves &amp; Grooves Exercise Group</p> <p>2:30 Pillsbury Recipes</p>	<p>16</p> <p><u>Armed Forces Day</u></p> <p>10:30 Morning Mingle</p> <p>1:00 Family Visits and Independent Supplies</p>	
<p>17</p> <p>10:30 Praise /Worship Music</p> <p>2:00 Worship Service w/ Reverend Richard</p> <p>3:00 Independent Supplies &amp; Family Visitations</p>	<p>18</p> <p>9:30 Morning News Buzz</p> <p>10:00 Daily Chronicles &amp; Coffee Break Trivia</p> <p>1:00 Name That Tune</p>	<p>19</p> <p>9:45 Morning Visits</p> <p>10:30 Moves &amp; Grooves Exercise Group</p> <p>2:30 Glamour Nails and Manicures</p>	<p>20</p> <p>10:00 Daily Chronicles</p> <p>10:30 Bible Trivia</p> <p>1:30 Home Remedies</p>	<p>21</p> <p>9:45 Morning Visits</p> <p>11:00 Family Feud</p> <p>2:00 Bethany B.I.N.G.O w/ Kathy</p>	<p>22</p> <p>9:45 Morning Visits</p> <p>10:30 Moves &amp; Grooves Exercise Group</p> <p>2:30 What's For Supper</p>	<p>23</p> <p>10:30 Morning Mingle</p> <p>1:00 Family Visits and Independent Supplies</p>	
<p>24</p> <p>10:30 Praise /Worship Music</p> <p>2:00 Worship Service w/ Reverend Richard</p> <p>3:00 Independent Supplies &amp; Family Visitations</p>	<p><u>MEMORIAL DAY</u> 25</p> <p>9:45 Morning Visits</p> <p>11:00 Floating Tennis</p> <p>1:00 Bob Michalski the Saxophonist</p>	<p>26</p> <p>9:45 Morning Visits</p> <p>10:30 Moves &amp; Grooves Exercise Group</p> <p>3:00 Glamour Nails and Manicures</p>	<p>27</p> <p>10:00 Daily Chronicles</p> <p>11:00 Hot Cider Trivia</p> <p>2:00 May Birthday Party (Lakeside)</p>	<p>28</p> <p>9:45 Morning Visits</p> <p>11:00 Magazine Hunt</p> <p>2:00 Bethany B.I.N.G.O w/ Kathy</p>	<p>29</p> <p>9:45 Morning Visits</p> <p>10:30 Moves &amp; Grooves Exercise Group</p> <p>2:30 Popsicles and Games</p>	<p>30</p> <p>10:30 Morning Mingle</p> <p>1:00 Family Visits and Independent Supplies</p>	
<p>31</p> <p>10:30 Praise /Worship Music</p> <p>2:00 Worship Service w/ Reverend Richard</p> <p>3:00 Independent Supplies &amp; Family Visitations</p>	 <p style="text-align: center;"><b>Woodside Memory Support @ the Heritage at Lowman</b>          We always strive to do our best!!! Dates, times and locations are subject to change.          If you have any questions, please contact: Life Enrichment (803) 451-7447</p>						

Scroll to page 2 for June.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June</b>	9:45 Morning Visits 1 11:30 Match It Up 1:30 Horseracing Game 3:00 Snack Hour	9:45 Morning Visits 2 10:30 Moves & Grooves Exercise Group 2:30 Glamour Nails and Manicures	10:00 Daily Chronicles 3 10:30 Bible Trivia 1:30 Home Remedies	9:45 Morning Visits 4 11:30 Magazine Hunt 2:00 Would You Rather.....	9:45 Morning Visits 5 11:30 Trivia Hour 1:30 Finish the Phrase	10:30 Morning Mingle 6 1:00 Family Visits and Independent Supplies
10:30 Praise /Worship Music 7 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	9:30 Morning Visits 8 11:00 Match It Up 2:30 Baking Cookies With Dee	9:45 Morning Visits 9 10:30 Moves & Grooves Exercise Group 2:30 Glamour Nails and Manicures	9:45 Morning Visits 10 11:00 Mind Alert Trivia 1:30 Musical Chairs 3:00 Floor Hockey	9:45 Morning Visits 11 11:00 Magazine Hunt 1:00 Chuck Ghee (LIVE) 2:30 Down & Out Workout	9:45 Morning Visits 12 11:30 Music and Laughter 2:00 Tic Tac Toe	10:30 Morning Mingle 13 1:00 Family Visits and Independent Supplies
<u>Flag Day</u> 14 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	9:45 Morning Visits 15 11:00 Floating Tennis 1:00 Rise Therapy Class	9:45 Morning Visits 16 10:30 Moves & Grooves Exercise Group 2:30 Glamour Nails and Manicures	10:00 Daily Chronicles 17 11:00 I Declare War 3:00 Fellowship Hour	9:30 Morning News 18 10:00 Daily Chronicles & Coffee Break 1:00 Watermelon Social	<u>Juneteenth</u> 19 9:45 Morning Visits 10:30 Moves & Grooves Exercise Group 3:00 Father's Day Appreciation	10:30 Morning Mingle 20 1:00 Family Visits and Independent Supplies
<u>Father's Day</u> 21 <u>1st day of Summer</u> 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	9:45 Morning Visits 22 11:30 Mind Alert Trivia 1:30 Musical Chairs	9:45 Morning Visits 23 10:30 Moves & Grooves Exercise Group 2:30 Glamour Nails and Manicures	9:45 Morning Visits 24 11:00 Family Feud 2:30 Table Talk	9:30 Daily News Buzz 25 10:30 Crafty Hour 1:30 Jeopardy Game	9:45 Morning Visits 26 10:30 Moves and Grooves Exercise 2:30 Name That Tune	10:30 Morning Mingle 27 1:00 Family Visits and Independent Supplies
10:30 Praise /Worship Music 28 2:00 Worship Service w/ Reverend Richard 3:00 Independent Supplies & Family Visitations	9:45 Morning Visits 29 11:30 Question ball 1:00 Bob Michalski the Saxophonist	9:45 Morning Visits 30 10:30 Moves & Grooves Exercise Group 2:30 June Birthday Celebration	<h1>June 2026</h1> <p>We always strive to do our best!!! Dates, times and locations are subject to change.            Independent supplies are available on the units. If you have any questions, please contact:            Life Enrichment (803) 451-7447</p>			

## WOODSIDE MEMORY SUPPORT @ THE HERITAGE AT LOWMAN