

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

We strive to do our best!! Dates, times, and locations are subject to change. Independent supplies are available on the units. All activities will be held in the Activity Complex Room Unless otherwise specified. If you have any questions, please contact: Life Enrichment (803) 451-7447

						10:00 Morning Vibes & Tunes 1	10:00 Independent Supplies and Family Visits 2
						10-12 Glamour Nails & Manicures	2:00 Concordia Music Academy Student Recital
						2:30 Lowman Bingo	
10:30 Praise and Worship Music 3	<u>National Lemonade Day</u> 4 10:00 Morning Vibes & Tunes 10:30 "Would You Rather" 11:00 Storytime with Henry Vander Voort 2:30 A Sunny Day with Lemonade (courtyard)	<u>Cinco De Mayo</u> 5 10:00 Morning Vibes and Music: Hispanic Music 10:30 Cinco De Mayo Dice Game 2:30 Taco Tuesday Social	10:00 Morning Vibes & Tunes 6 10:30 Coffee & Muffins 2:30 Mother's Day Celebration Mixology Class with Ray: "Mama Mimosas"	10:00 Morning Vibes and Music 7 10:30 Moving & Grooving w/ Physical Therapy 2:30 Who Am I???	10:00 Morning Vibes & Tunes 8 10-12 Glamour Nails & Manicures 2:30 Lowman Bingo	10:00 Independent Supplies and Family Visits 9 2:00 Shhh....Taboo	
<u>Happy Mother's Day</u> 10 10:30 Praise and Worship Music 11:15 Worship Service with Reverend Richard 2:00 Independent Supplies & Family Visits	10:00 Morning Vibes & Tunes 11 10:30 Puzzle Challenge 11:00 Storytime with Henry Vander Voort 2:00 Movie Matinee: The Wizard of OZ	10:00 Morning Vibes and Music 12 10:30 "Planting Kindness" Memory Exchange 2:30 Karaoke Hour w/ Tony Washington	10:00 Morning Vibes 13 10:30-2:00 "Live in the Moment" Photoshoot 3:00 Apple Pie À La Mode Dessert Bar	10:00 Morning Vibes and Music 14 12:30 Books to You w/ Julie 10:30 Outdoor Trivia: 2:30 Playground Game Day	10-12 Glamour Nails & Manicures 15 12:00 Hawaiian Luau Cook Out 2:30 "Soul Glow" Blacklight Bingo	10:00 Independent Supplies and Family Visits 16 2:00 Talk Dice Game	
10:30 Praise and Worship Music 17 11:15 Worship Service with Reverend Richard 2:00 Independent Supplies & Family Visits	10:00 Morning Vibes & Tunes 18 10:30 Balloon Volleyball 11:00 Storytime with Henry Vander Voort 2:30 The "Crafty Artist"	10:00 Morning Vibes and Music 19 10:30 Potpourri Hour 2:30 Resident's Council	<u>National Slushie Day</u> 20 10:00 Morning Vibes and Music 10:30 Karaoke w/ The Activity Crew 2:30 Lowman Auction & Slushies	10:00 Morning Vibes and Music 21 10:30 Win, Lose or Draw 2:30 W.I.N.G.S Bingo	10:00 Morning Vibes & Tunes 22 10-12 Glamour Nails & Manicures 2:30 "Let's Play Uno"	10:00 Independent Supplies and Family Visits 23 2:00 Stain Glass Painting	
10:30 Praise and Worship Music 24 11:15 Worship Service with Reverend Richard 3:00 White Rock Bingo	<u>Memorial Day</u> 25 10:00 Morning Vibes & tunes 10:30 "The Price is Right" 11:00 Storytime with Henry Vander Voort 2:30 Bob Michalski the Saxophonist	10:00 Morning Vibes and Music 26 10:30 Would You Rather? 2:30 Headbands Game	10:00 Morning Vibes and Music 27 10:30 Lowman Family Feud 2:30 May Birthday Celebration	10:00 Morning Vibes and Music 28 10:30 "Tell a Joke without Laughing" 2:30 Game Roulette Hour	10:00 Morning Vibes & Tunes 29 10-12 Glamour Nails & Manicures 2:30 Lowman Bingo	10:00 Independent Supplies and Family Visits 30 2:00 Popcorn and Movie Matinee	
10:30 Praise and Worship Music 31 11:15 Worship Service with Reverend Richard 2:00 Independent Supplies & Family Visits	Scroll to page 2 for June.						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Morning Vibes & Tunes 1 10:30 Lowman Family Feud 11:00 Storytime with Henry Vander Voort 2:30 Creative PB&J Sandwiches	10:00 Morning Vibes & Tunes 2 10:30 Softball Volleyball 2:30 Down the Rocky Road Ice Cream Day	10:00 Morning Vibes & Tunes 3 10:30 Daily Chronicles Coffee & Pastries 2:30 Paint and Sip	10:00 Morning Vibes & Tunes 4 10:30 "Tell a Joke without Laughing" 2:30 "Plant the Love" For World Environment Day	10:00 Morning Vibes & Tunes 5 10-12 Glamour Nails & Manicures 2:30 Lowman Bingo	10:00 Independent Supplies and Family Visits 6 2:00 Board Game Competition
10:30 Praise and Worship Music 7 11:15 Worship Service w/ Reverend Richard 2:00 Independent Supplies & Family Visits	10:00 Morning Vibes & Tunes 8 10:30 Mediation Positive Affirmation 11:00 Storytime with Henry Vander Voort 2:30 Classic TV Show	10:00 Morning Vibes & Tunes 9 10:30 I SPY WordSearch 2:30 Karaoke Hour with Tony Washington	10:00 Morning Vibes 10 10:30 Lowman Family Feud 2:30 Ray's Mixology Class: Long Island Ice Tea	10:00 Morning Vibes 11 10:30 20 Questions 12:30 Books to You w/ Julie 2:30 Happy Hour w/ Karryna	10:00 Morning Vibes 12 10-12 Glamour Nails & Manicures 2:30 Lowman Bingo	10:00 Independent Supplies and Family Visits 13 2:00 Popcorn & Movie Matinee
FLAG DAY 14 10:30 Praise and Worship Music 11:15 Worship Service w/ Reverend Richard 2:00 Independent Supplies & Family Visits	10:00 Morning Vibes & Tunes 15 10:30 Wheel of Fortune 11:00 Storytime with Henry Vander Voort 2:30 Donuts & Trivia	10:00 Morning Vibes & Tunes 16 10:30 Deal or No Deal Senior Edition 2:30 Resident's Council	10:00 Morning Vibes & Tunes 17 10:30 Move & Grooves with Physical Therapy 2:30 Lowman Auction & Root Beer Floats	10:00 Morning Vibes & Tunes 18 10:30 Memory Game 2:30 "Fun Day Under the Sun" Picnic	JUNETEENTH 19 10:00 Morning Vibes 10-12 Glamour Nails & Manicures 2:30 Father's Day: Dandy Don Western Show	10:00 Independent Supplies and Family Visits 20 2:00 "Which Came First" Senior Edition
HAPPY FATHER'S DAY 1ST DAY OF SUMMER 21 10:30 Praise & Worship Music 11:15 Worship Service with Reverend Richard 2:00 Independent Supplies & Family Visits	10:00 Morning Vibes & Tunes 22 10:30 Trivial Pursuit 11:00 Storytime with Henry Vander Voort 2:30 Passport Adventures: In the Tropic	10:00 Morning Vibes & Tunes 23 10:30 Jokes & Juice 2:30 "Get to Know Me" Guess Who Game	10:00 Morning Vibes & Tunes 24 10:30 Chair Yoga with Karryna 2:30 Lowman Floor Hockey	10:00 Morning Vibes & Tunes 25 10:30 Pancakes & Proverbs 2:30 W.I.N.G.S Bingo	10:00 Morning Vibes & Tunes 26 10 - 12 Glamour Nails & Manicures 2:30 Playground Game Day	10:00 Independent Supplies and Family Visits 27 2:00 Watermelon Social
10:30 Praise and Worship Music 28 11:15 Worship Service w/ Reverend Richard 3:00 White Rock Bingo	10:00 Morning Vibes 29 10:30 Chair Yoga 11:00 Storytime with Henry Vander Voort 2:30 Bob Michalski the Saxophonist (LIVE)	10:00 Morning Vibes & Tunes 30 10:30 Headbands Game 2:30 June Birthday Celebration	<h1 style="color: blue; font-size: 2em;">JUNE 2026</h1> <p style="color: blue; font-weight: bold;">We strive to do our best!! Dates, times, and locations are subject to change. Independent supplies are available on the units. All activities will be held in the Activity Complex Room unless otherwise specified. If you have any questions, please contact: Life Enrichment (803) 451-7447</p>			

SKILLED NURSING & REHAB @ THE HERITAGE AT LOWMAN