



Haltiwanger at the Heritage at Lowman



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>OLDER AMERICANS MONTH AGING UNBOUND: MAY 2023</p> <p><i>Activities are subject to change, please check email, bulletin boards and mailboxes for changes.</i></p>	<p>1</p> <p>1:30 Arthritis Exercises (HaltI2)</p>	<p>2</p> <p>1:00 Young's Hearing Aid Service (Beauty)</p> <p>1:00 Visits with Kay (HaltI1&2)</p> <p>2:00 Sit 'n Knit Club (BCR)</p> <p>4:00 Bible Study (HG)</p>	<p>3</p> <p>10:00 Chapel Service (NLC)</p> <p>10:45 Holy Communion and Chat with Chaplain (HaltI1&2)</p> <p>1:30 Arthritis Exercise (HaltI2)</p> <p>2:00 Bible Stories with Jim (HaltI2)</p>	<p>4</p> <p>10:00 Visits with Chapin Women in Service (HaltI1&2)</p> <p>2:00 Crafting with Genie (HaltI2)</p> <p>2:00 Mah Jongg Club (FDR) Call Mary Cochran with questions or to join 803-828-3669</p> <p>2:00 Let's Play Poker (FDR)</p>	<p>5</p> <p>2:00 BINGO for Prizes Haltiwanger (HaltI2)</p>	<p>6</p> <p>10:00 Games and Crafts with Alison and Jeffrey (HaltI2)</p> <p>Puzzles and Coloring Pages (HaltI2)</p>
<p>7</p> <p>10:00 Worship Service (NLC)</p> <p>11:00 First Baptist Columbia Live Service on WLTX 19 (HaltI1)</p>	<p>8</p> <p>10:00 Good Word of the Day and Puzzle Page (HaltI1&2)</p> <p>1:15 Arthritis Exercises (HaltI2)</p>	<p>9</p> <p>9:30 Inspirational Thought and Word Search (HaltI2)</p> <p>1:00 Visits with Kay (HaltI1&2)</p> <p>2:00 Sit 'n Knit Club (BCR)</p> <p>2:00 Assisted Living Mystery Ride (WC)</p> <p>4:00 Bible Study (HG)</p>	<p>10</p> <p>8:30 Cheery Thought and Brain Game (HaltI1&2)</p> <p>9:30 Haltiwanger Podiatrist Appointments (HaltI1&2)</p> <p>10:00 Chapel Service (NLC)</p> <p>10:45 Holy Communion and Chat with Chaplain (HaltI1&2)</p> <p>1:30 Arthritis Exercise (HaltI2)</p> <p>2:00 Bible Stories with Jim (HaltI2)</p>	<p>11</p> <p>9:00 Good Word of the Day and Puzzle Page (HaltI1 & 2)</p> <p>9:00-11:00 Richland County "Books to You" Program—Call Mary for information or to schedule a visit 803-451-7420</p> <p>10:00 Visits with Chapin Women in Service (HaltI1&2)</p> <p>2:00 Golf Cart Rides (PORCH)</p>	<p>12</p> <p>8:30 Fun Friday Thought and Word Search (HaltI1&2)</p> <p>10:30 Walking Club with Mary (PORCH)</p> <p>2:00 Sing Along with Carol (HaltI1&2)</p>	<p>13</p> <p>Puzzles and Coloring Pages (HaltI2)</p>
<p>14</p>  <p>10:00 Worship Service (NLC)</p> <p>11:00 First Baptist Columbia Live Service on WLTX 19 (HaltI1)</p>	<p>15</p> <p>10:00 Good Word of the Day and Puzzle Page (HaltI1&2)</p> <p>1:30 Arthritis Exercises (HaltI2)</p>	<p>16</p> <p>9:30 Inspirational Thought and Word Search (HaltI2)</p> <p>1:00 Visits with Kay (HaltI1&2)</p> <p>2:00 Sit 'n Knit Club (BCR)</p> <p>2:30 The Heritage at Lowman Spring Choir and Handbells Concert (HG)</p> <p>4:00 Bible Study (HG)</p>	<p>17</p> <p>8:30 Cheery Thought and Brain Game (HaltI1&2)</p> <p>10:00 Chapel Service (NLC)</p> <p>10:45 Holy Communion and Chat with Chaplain (HaltI1&2)</p> <p>1:30 Arthritis Exercise (HaltI2)</p> <p>2:00-3:00 Chillin Cow Ice Cream Treats (WC)</p> <p>2:00 Bible Stories with Jim (HaltI2)</p>	<p>18</p> <p>9:00 Good Word of the Day and Puzzle (HaltI1&2)</p> <p>10:00 Visits with Chapin Women in Service (HaltI1&2)</p> <p>2:00 Let's Play Poker (FDR)</p> <p>2:00 Mah Jongg Club (FDR) Call Mary Cochran with questions 803-828-3669</p> <p>2:00 Crafting with Genie (HaltI2)</p>	<p>19</p> <p>8:30 Fun Friday Thought and Word Search (HaltI1&2)</p> <p>10:30 Walking Club with Mary (PORCH)</p> <p>1:00 WalMart Assisted Living (WC)</p> <p>2:00 Reminiscing and Snacks with Gloria (HaltI2)</p>	<p>20</p> <p>Puzzles and Coloring Pages (HaltI2)</p>
<p>21</p> <p>10:00 Worship Service (NLC)</p> <p>11:00 First Baptist Columbia Live Service on WLTX 19 (HaltI1)</p>	<p>22</p> <p>10:00 Good Word of the Day and Puzzle Page (HaltI1&2)</p> <p>1:15 Arthritis Exercises (HaltI2)</p> <p>2:00 Chapin Chirpers "On the Road Again" (HG)</p> <p>4:00 Therapy Education "The Journey of Healthy Aging" (HG)</p>	<p>23</p> <p>9:30 Inspirational Thought and Word Search (HaltI2)</p> <p>1:00 Visits with Kay (HaltI1&2)</p> <p>2:00 Sit 'n Knit Club (BCR)</p> <p>2:00 Tea Party with Piano Music by Carol (HaltI2)</p> <p>4:00 Bible Study (HG)</p>	<p>24</p> <p>8:30 Cheery Thought and Brain Game (HaltI1&2)</p> <p>10:00 Chapel Service (NLC)</p> <p>10:45 Holy Communion and Chat with Chaplain (HaltI1&2)</p> <p>1:30 Arthritis Exercise (HaltI2)</p> <p>2:00 Bible Stories with Jim (HaltI2)</p>	<p>25</p> <p>9:00 Good Word of the Day and Puzzle (HaltI1&2)</p> <p>10:00 Visits with Chapin Women in Service (HaltI1&2)</p> <p>2:00 Let's Play Poker (FDR)</p> <p>2:00 Haltiwanger Birthday Party (HaltI2)</p>	<p>26</p> <p>8:30 Fun Friday Thought and Word Search (HaltI1&2)</p> <p>10:30 Walking Club with Mary (PORCH)</p> <p>2:00 Chicken Soup for the Soul with Nat (HaltI2)</p> <p>3:00 Pleasures of Poetry (ACT)</p>	<p>27</p> <p>Puzzles and Coloring Pages (HaltI2)</p>
<p>28</p> <p>10:00 Worship Service (NLC)</p> <p>11:00 First Baptist Columbia Live Service on WLTX 19 (HaltI1)</p>	<p>29 Memorial Day </p> <p>10:00 Good Word of the Day and Puzzle Page (HaltI1&2)</p> <p>1:30 Prayer at the Pole (FLAG)</p> <p>2:00 Arthritis Exercise (HaltI2)</p>	<p>30</p> <p>9:30 Inspirational Thought and Word Search (HaltI2)</p> <p>1:00 Visits with Kay (HaltI1&2)</p> <p>2:00 Sit 'n Knit Club (BCR)</p> <p>2:00 Coloring is Not Just for Kids (HaltI2)</p> <p>2:30 Haltiwanger Resident Meeting (HaltI2)</p> <p>4:00 Bible Study (HG)</p>	<p>31</p> <p>8:30 Cheery Thought and Brain Game (HaltI1&2)</p> <p>10:00 Chapel Service (NLC)</p> <p>1:30 Arthritis Exercise (HaltI2)</p> <p>2:00 Bible Stories with Jim (HaltI2)</p> <p>4:00 Wellness Wednesday: Heat & Summer Safety (HG)</p>	<p>(ACT) Activity Room in WC (AERO) Aerobic Room in Fitness Center (BEAUTY) Beauty Shop in WC (BB) Boliek Building (BCR) Boliek Community Room (CLASS) Classroom in WC (DR) Bistro Dining Room in WC (FIT) Fitness Center in WC</p>	<p>(FLAG) Flagpole in front of Wellness Center (FDR) Formal Dining Room (HaltI1) Haltiwanger 1st floor (HaltI2) Haltiwanger 2nd floor (HCC) Health Care Center (HG) Hoefler Gallery in WC (NLC) New Life Chapel in WC (POND) Walking Trail at the Pond</p>	<p>(PG) Putting Green (PP) Picnic Pavilion (POOL) Fitness Center Pool (PORCH) Haltiwanger Porch (PUB) Pub (TTCL) Tom Tuten Computer Lab in the Boliek Basement (WC) Wellness Center</p>