

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# JANUARY 2026

## Active Life at the Heritage at Lowman

Activities are subject to change, please check your email, mailbox, clipboard, and bulletin board. If you have any questions, please contact Jamee at 803-451-7420. Thank you!

Non-Resident Day											
4	5	6	7	8	9	10					
10:00am- Worship Service (NLC)	1:30pm Movie Matinees: The Bucket List (PG, 1 hour 37 minutes) (CLASS) 2:00pm- Mystery Ride	9:30am- Hamrick's Shopping Trip Sign up on the clipboard! 1:00- Young's Hearing Aid Service (Beauty) 1:30pm- Hand and Foot Card Game(FDR) 2:00pm- Sit and Knit (BCR)	10:30am- Mid-week Church Service (NLC) 1:00pm- Bridge Club (FDR) Sign up on the clipboard 2:30pm- Alzheimer's Association Caregiver Support Group (ACT)	8:00am- Juliet Breakfast Residents Only Sign up on the clip board! (DR) 1:00pm- Mah Jongg (FDR) 4:00pm- Pub Trivia(PUB)	10:30am- Book Club w/ Marilyn (ACT) 12:00pm Board Game Hour(FDR) 12-2pm-Resident Panel Open House (HG) 2:30pm-Active Lifestyle Association Meeting	3PM- Open Swim with volunteers (POOL)					
10:00am- Worship Service (NLC)	1:30pm- Bingo with Friends Sign up on the Clipboard (HG) 5:00pm-Potluck Dinner (HG)	1:30pm- Hand and Foot Card Game(FDR) 2:00pm- Sit and Knit (BCR)	10:30am Mid-week Church Service (NLC) 1:00pm- Bridge Club (FDR) Sign up on the clipboard 3:00pm Board Game Hour(FDR)	1:00pm- Mah Jongg (FDR) 2:30pm- Seated Snowball Volleyball w/Jamee (HG) 4:00pm- Pub Trivia(PUB)	9:30am- Aldi Shopping Trip Sign up on the clipboard! 3:00: Sip and Paint (HG) Sign up on the clipboard by the 9th!	3PM- Open Swim with volunteers (POOL)					
10:00am- Worship Service (NLC)	10:00am- MLK Day Word Puzzles (FDR) 1:30pm Movie Matinees: My Sisters Keeper (PG, 1hour 49 minutes) (CLASS) 2:30pm- Snowflake Craft w/ Jamee (ACT) Martin Luther King Jr. Day	1:30pm- Hand and Foot Card Game(FDR) 2:00pm- Sit and Knit (BCR)	10:30am Mid-week Church Service (NLC) 1:00pm- Bridge Club (FDR) Sign up on the clipboard 3:00pm Board Game Hour(FDR)	1:00pm- Mah Jongg (FDR) 4:00pm- Pub Trivia(PUB)	12:00pm- Lunch at Blue Ocean Sign up on the clipboard by Monday the 19th! 4:00pm- Happy Hour w/ Live Entertainment from Bob The Saxman 4-5pm (HG)	3PM- Open Swim with volunteers (POOL)					
10:00am- Worship Service (NLC)	1:30pm Movie Matinees Joyful Noise (PG, 1 hour 58 minutes) (CLASS) 3:00pm- Left, Center, Right w/Jamee (HG) sign up on the clipboard! Australia Day (Observed)	1:30pm- Hand and Foot Card Game(FDR) 2:00pm- Sit and Knit (BCR)	10:30am Mid-week Church Service (NLC) 1:00pm- Bridge Club (FDR) Sign up on the clipboard 3:00pm Board Game Hour(FDR)	1:00pm- Mah Jongg (FDR) 4:00pm- Pub Trivia(PUB)	12:00pm- Lunch at The Peanut Man Sign up on the clipboard by Monday the 26th! 3:00pm- Penny Auction (HG)	3PM- Open Swim with volunteers (POOL)					

# February Calendar on Page 2

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# February 2026

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1 10am- Worship service (NLC)	2 11:30am- Handbell Choir Practice 1:30pm-Movie Matinee: Pirates of the Caribbean (Class) 3:30- DIY Heart Garland Craft(ACT)	3 1:30pm- Hand and Foot Card Game (FDR) 2:00pm- Sit and Knit (BCR) 2-3pm Open Swim	4 10:30am- Mid-week Church Service (NCL) 12:00pm- Columbiana Mall/ Lunch 1:00pm- Bridge Club (FDR) 2:30pm- Alzheimer's Association Caregiver Support group (ACT)	5 8:00am- Romeo Breakfast (Residents Only, Signup on the clipboard) 1:00pm- Mah Jongg (FDR) 2-3pm Open Swim 4:00pm- Pub Trivia (PUB)	6 11:45am- ARP Church Organ Concert/Lunch 3:00pm- Games Galore (HG)	7 3pm- Open swim with volunteers POOL)
8 10am- Worship service (NLC)	9 11:30am- Handbell Choir Practice 1:30pm-Bingo with Friends (HG) 5:00pm- Potluck Dinner: Beef Tenderloin (HG)	10 9:30am Hamrick's Shopping 1:30pm- Hand and Foot Card Game (FDR) 2:00pm- Sit and Knit (BCR) 2pm-3pm Open Swim 3:30pm- Galentine's Tea Party (HG)	11 10:30am- Mid-week Church Service (NCL) 1:00pm- Bridge Club (FDR) 2:00pm- Heart Awareness Program 3:00pm- Board Game Hour(FDR)	12 8:00am- Juliet Breakfast (Residents Only, Signup on the clipboard) 9:30am- Palmetto Senior Show 1:00pm- Mah Jongg (FDR) 2-3pm Open Swim 4:00pm- Pub Trivia (PUB)	13 9:30am-Publix Shopping 10:00am- Book Club w/ Marilyn (ACT) 2:30pm- Active Lifestyle Association Meeting (HG)	14 3pm- Open swim with volunteers POOL)
15 10am- Worship service (NLC)	16 11:30am- Handbell Choir Practice 1:30pm-Movie Matinee: 50 First Dates (PG13) Class 3:30pm- Guess Who (Baby Pictures) HG	17 1:30pm- Hand and Foot Card Game (FDR) 2:00pm- Sit and Knit (BCR) 2-3pm Open Swim 3:30pm- Masquerade Party (HG)	18 10:30am- Mid-week Church Service (NCL) 1:00pm- Bridge Club (FDR) 3:00pm- Board Game Hour (FDR)	19 1:00pm- Mah Jongg (FDR) 2-3pm Open Swim 4:00pm- Pub Trivia (PUB)	20 9:30am- Shopping at Trader Joes 3:00pm Sip and Paint(HG)	21 3pm- Open swim with volunteers POOL)
22 10am- Worship service (NLC)	23 11:30am- Handbell Choir Practice 1:30pm-Movie Matinee: Just My Luck (PG-13) (Class) 2:30pm- Chapin Chirpers (HG)	24 1:30pm- Hand and Foot Card Game (FDR) 2:00pm- Sit and Knit (BCR) 2-3pm Open Swim	25 10:30am- Mid-week Church Service (NCL) 1:00pm- Bridge Club (FDR) 3:00pm- Board Game Hour (FDR)	26 1:00pm- Mah Jongg (FDR) 2-3pm Open Swim 4:00pm- Pub Trivia (PUB)	27 12:00pm- Lunch at Shealy's BBQ (Sign up on the clipboard by the 23rd) 4:00pm- Happy Hour w/ Chris Reed (HG)	28 3pm- Open swim with volunteers POOL)