

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

October 2024

Active Lifestyle at the Heritage at Lowman

Activities are subject to change. Please check your email, mailbox, clipboard, and bulletin boards. If you have any questions, please contact Danielle Trykowski at 803-451-7420. Thank you!

<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR)</p> <p>10:00am Worship Service (NLC)</p>	<p>11:30am Handbell Choir (CLASS) 7</p> <p>1:00pm Puzzles with Pastor (BCR)</p> <p>1:30pm Monday Movie Matinee: Becoming Jane (PG-13, 2 hrs) (CLASS)</p> <p>2:00pm Active Lifestyle Mystery Ride</p>	<p>1:00pm Young's Hearing Aid Service (BEAUTY) 1</p> <p>1:30pm Hand and Foot Card Game (FDR)</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 2</p> <p>10:00am to 3:00pm Vaccine Clinic with Chapin Pharmacy (HG)</p> <p>12:00pm Board Game Hour (FDR)</p> <p>1:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p>	<p>8:00am ROMEO Breakfast RESIDENTS ONLY (DR) Sign up on Clipboard. 3</p> <p>1:00pm Mah Jongg Club (FDR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pub Trivia Week #1 (PUB)</p>	<p>9:00am Walmart Shopping (Pick up at your home) Must sign up by calling Danielle, 803-451-7420 4</p> <p>3:00pm to 5:00pm Happy Hour (Bistro)</p> <p>7:30pm Movie on the Lawn: Practical Magic (PG-13, 1hr 35min) (Boliek Lawn)</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 5</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 6</p> <p>10:00am Worship Service (NLC)</p>	<p>11:30am Handbell Choir (CLASS) 7</p> <p>1:00pm Puzzles with Pastor (BCR)</p> <p>1:30pm Monday Movie Matinee: Becoming Jane (PG-13, 2 hrs) (CLASS)</p> <p>2:00pm Active Lifestyle Mystery Ride</p>	<p>9:00am Shopping Trip to Hamrick's (Please call Danielle at 803-451-7420) 3</p> <p>1:00pm Medicare 101: Education with Tiffany (HG)</p> <p>1:30pm Hand and Foot Card Game (FDR)</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm Alzheimer's Association Caregiver Support Group (ACT)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 9</p> <p>12:00pm Board Game Hour (FDR)</p> <p>12:15pm Walk by the Pond followed by Pizza at the Pond (Sign up on the Clipboard!)</p> <p>1:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p>	<p>8:00am JULIET Breakfast RESIDENTS ONLY (DR) Please sign up on Clipboard. 10</p> <p>9:00am to 11:20am Podiatrist Appointments (ACT) Call Danielle to schedule your appointment.</p> <p>1:00pm Mah Jongg Club (FDR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>Danielle Off</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 11</p> <p>2:30pm Active Lifestyle Association Meeting (HG)</p> <p>4:00pm to 5:00pm Happy Hour (Bistro)</p> <p>Danielle Off</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 12</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 13</p> <p>10:00am Worship Service (NLC)</p>	<p>11:30am Handbell Choir (CLASS) 14</p> <p>1:00pm Puzzles with Pastor (BCR)</p> <p>5:00pm Potluck Dinner (HG) RESIDENTS ONLY Please Sign up on the Clipboard.</p> <p>Danielle Off</p>	<p>1:30pm Hand and Foot Card Game (FDR) 15</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>Danielle Off</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 16</p> <p>12:00pm Board Game Hour (FDR)</p> <p>1:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p> <p>Danielle Off</p>	<p>1:00pm Mah Jongg Club (FDR) 17</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>Danielle Off</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 18</p> <p>3:00pm to 5:00pm Happy Hour (Bistro)</p> <p>Danielle Off</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 19</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 20</p> <p>10:00am Worship Service (NLC)</p>	<p>11:30am Handbell Choir (CLASS) 21</p> <p>1:30pm Monday Movie Matinee: The Natural (PG, 2 hr 15 minutes) (CLASS)</p> <p>4:00pm Scattergories (FDR)</p>	<p>1:30pm Hand and Foot Card Game (FDR) 22</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>3:00pm Fall Door Signs (Cafe)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 23</p> <p>12:00pm Board Game Hour (FDR)</p> <p>1:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p>	<p>9:00am to 11:20am Podiatrist Appointments (ACT) Call Danielle to schedule your appointment. 24</p> <p>10:00am Lunch Outing to the Peanut Man (Please sign up on the Clipboard)</p> <p>1:00pm Mah Jongg Club (FDR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pub Trivia Week #2 (PUB)</p> <p>7:00pm Movie on the Lawn: Ghost Busters (PG, 1hr 35min) (Boliek Lawn)</p>	<p>9:00am Foodlion Shopping (Pick up at your home) Must sign up by calling Danielle, 803-451-7420 25</p> <p>1:00pm Penny Auction (HG)</p> <p>3:00pm to 5:00pm Happy Hour (Bistro)</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 26</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 27</p> <p>10:00am Worship Service (NLC)</p>	<p>11:30am Handbell Choir (CLASS) 28</p> <p>1:00pm Puzzles with Pastor (BCR)</p> <p>1:30pm Monday Movie Matinee: Edward Scissorhands (PG-13, 1hr 35 minutes) (CLASS)</p> <p>6:00pm Game Night (FDR)</p>	<p>10:15am Fall Festival at Riverland Hills Baptist Church (Please sign up on the Clipboard if you want to ride on the Bus) 29</p> <p>1:30pm Hand and Foot Card Game (FDR)</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>3:00pm Frankenjars Craft (Cafe)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 30</p> <p>12:00pm Board Game Hour (FDR)</p> <p>1:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p> <p>4:00pm Pub Trivia Week #3 (PUB)</p>	<p>1:00pm Mah Jongg Club (FDR) 31</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm to 6:00pm Halloween Party! (HG)</p>		

(ACT) Activity Room in WC, (AERO) Aerobic Room, (BEAUTY) Beauty Shop in WC, (BB) Boliek Building, (BCR) Boliek Community Room, (CLASS) Classroom in WC, (CYPL) Courtyards Parking Lot, (DR) Bistro Dining Room, (FIT) Fitness Center in WC, (FLAG) Flagpole in front of WC, (FDR) Formal Dining Room, (Halti1) Haltiwanger 1st Floor, (Halti2) Haltiwanger 2nd Floor, (HCC) Heath Care Center, (HG) Hoefler Gallery in WC, (NCL) New Life Chapel in WC, (POND) Walking Trail at the Pond, (PG) Putting Green, (PP) Picnic Pavilion, (POOL) Fitness Center Pool, (PORCH) Haltiwanger Porch, (PUB) Pub, (TTCL) Tom Tuten Computer Lab in Boliek Basement, (WC) Wellness Center