

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

Active Lifestyle at the Heritage at Lowman

Activities are subject to change. Please check your email, mailbox, clipboard, and bulletin boards. If you have any questions, please contact Danielle Trykowski at 803-451-7420. Thank you!

<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 5</p> <p>10:00am Worship Service (NLC)</p>	<p>11:30am Handbell Choir Practice (CLASS) 6</p> <p>1:30pm Monday Movie Matinee: You've Got Mail PG (2 hours)</p> <p>2:00pm Active Lifestyle Mystery Ride</p>	<p>9:00am Walking Club (POND) 7</p> <p>11:00am to 2:00pm FDR Closed</p> <p>1:00pm Young's Hearing Aid Service (BEAUTY)</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pastor Sue's Bible Study (ACT)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 8</p> <p>1:00pm Board Game Hour (FDR)</p> <p>2:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p>	<p>8:00am ROMEO Breakfast RESIDENTS ONLY (DR) Sign up on Clipboard. 2</p> <p>9:00am Walking Club (POND)</p> <p>10:00am Outing Lunch at Shealy's BBQ and Strawberry Picking (Please Sign up on the Clipboard)</p> <p>1:00pm Mah Jongg Club (FDR)</p> <p>2:00pm Let's Play Poker (FDR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pub Trivia Week #1 (PUB)</p>	<p>9:00am WalMart Shopping (BB) Please Sign up with Danielle at 803-451-7420 3</p> <p>4:00pm to 6:00pm Cinco de Mayo Party and Margarita Contest (HG)</p>	<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 4</p> <p>Board Games and Coloring Pages are Available in the Activity Room in the WC</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 12</p> <p>10:00am Worship Service (NLC)</p> <p><i>HAPPY Mother's Day</i></p>	<p>11:30pm Handbell Choir Practice (CLASS) 13</p> <p>1:30pm Monday Movie Matinee: Pirates of the Caribbean PG-13 (2 hours 38 minutes)</p> <p>2:00pm Wisdom of the Wild with Craig Brandt (HG)</p> <p>3:30pm True or False Trivia: Absurd Laws</p> <p>5:00pm Potluck Dinner (HG) RESIDENTS ONLY Please Sign up on the Clipboard.</p>	<p>9:00am Walking Club (POND) 14</p> <p>9:00am Shopping Trip to Hamrick's (Pick up at your home) Must sign up by calling Danielle, 803-451-7420</p> <p>1:30pm Introduction to Hand and Foot (FDR)</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm Alzheimer's Association Caregiver Support Group (ACT)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pastor Sue's Bible Study (ACT)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 15</p> <p>1:00pm Board Game Hour (FDR)</p> <p>2:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p> <p>2:00pm Paper Flower Making (HG)</p>	<p>9:00am Walking Club (POND) 16</p> <p>1:00pm Mah Jongg Club (FDR)</p> <p>2:00pm Let's Play Poker (FDR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p>	<p>Danielle Off 17</p> <p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR)</p> <p>Board Games and Coloring Pages are Available in the Activity Room in the WC</p>	<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 18</p> <p>Board Games and Coloring Pages are Available in the Activity Room in the WC</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 19</p> <p>10:00am Worship Service (NLC)</p>	<p>8:20am Pen Pal Visit to Piney Woods Elementary School (Sign Up with Danielle) 20</p> <p>1:30pm Monday Movie Matinee: Steel Magnolias PG (2 hrs)</p> <p>2:00pm Wisdom of the Wild with Craig Brandt (HG)</p> <p>3:30pm Scattergories (FDR)</p> <p>6:00pm Game Night (FDR)</p>	<p>8:50am Outing to the Cayce Historical Museum (CASH ONLY Adults \$3, Seniors \$2) Tour at 9:30am and then Lunch at Groucho's Deli (Sign up on the Clipboard) 21</p> <p>9:00am Walking Club (POND)</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pastor Sue's Bible Study (ACT)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 22</p> <p>1:00pm Board Game Hour (FDR)</p> <p>2:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p>	<p>9:00am Walking Club (POND) 23</p> <p>9:00am to 11:20am Podiatrist Appointments (ACT) Call Danielle to schedule your appointment.</p> <p>1:00pm Mah Jongg Club (FDR)</p> <p>2:00pm Let's Play Poker (FDR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pub Trivia Week #3 (PUB)</p>	<p>9:00am Food Lion Shopping (Pick up at your home) Must sign up by calling Danielle, 803-451-7420 24</p> <p>2:00pm Penny Auction (HG)</p>	<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 25</p> <p>Board Games and Coloring Pages are Available in the Activity Room in the WC</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (Halti2) (BCR) 26</p> <p>10:00am Worship Service (NLC)</p>	<p>1:30pm Monday Movie Matinee: 27 are Marshall PG (2 hrs 15 minutes)</p> <p>3:00pm to 4:00pm Memorial Day Happy Hour (HG)</p> <p>4:00pm Therapy Discussion with Ian (HG)</p> <p>Happy Memorial Day!</p>	<p>9:00am Walking Club (POND) 28</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pastor Sue's Bible Study (ACT)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 29</p> <p>1:00pm Board Game Hour (FDR)</p> <p>2:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p>	<p>9:00am Walking Club (POND) 30</p> <p>10:00am Outing to Little Mountain Unlimited Antique Mall and Cafe (Sign Up on the Clipboard)</p> <p>1:00pm Mah Jongg Club (FDR)</p> <p>2:00pm Let's Play Poker (FDR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pub Trivia Week #4 (PUB)</p>	<p>9:00am Publix Shopping (Pick up at your home) Must sign up by calling Danielle, 803-451-7420 31</p> <p>3:00pm Pleasures of Poetry (Lakeside)</p>	<p><i>may</i></p>

(ACT) Activity Room in WC, (AERO) Aerobic Room, (BEAUTY) Beauty Shop in WC, (BB) Boliek Building, (BCR) Boliek Community Room, (CLASS) Classroom in WC, (CYPL) Courtyards Parking Lot, (DR) Bistro Dining Room, (FIT) Fitness Center in WC, (FLAG) Flagpole in front of WC, (FDR) Formal Dining Room, (Halti1) Haltiwanger 1st Floor, (Halti2) Haltiwanger 2nd Floor, (HCC) Heath Care Center, (HG) Hoeffler Gallery in WC, (NCL) New Life Chapel in WC, (POND) Walking Trail at the Pond, (PG) Putting Green, (PP) Picnic Pavilion, (POOL) Fitness Center Pool, (PORCH) Haltiwanger Porch, (PUB) Pub, (TTCL) Tom Tuten Computer Lab in Boliek Basement, (WC) Wellness Center