

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

FEBRUARY 2024

Active Lifestyle at the Hertiage at Lowman

Activities are subject to change. Please check your email, mailbox, clipboard, and bulletin boards. If you have any questions, please contact Danielle Trykowski at 803-451-7420. Thank you!

<p>Independent Activities: Puzzles and Coloring Pages (BCR) 4</p> <p>10:00am Worship Service (NLC)</p> <p>11:00am First Baptist Columbia Live Service on WLTX 19 (BCR and Halti1)</p>	<p>11:30am Handbell Choir Practice (CLASS) 5</p> <p>1:30pm Monday Movie Matinee: Waitress (1hr 47 minutes) PG-13 (CLASS)</p> <p>2:00pm Active Lifestyle Mystery Ride with Danielle</p> <p>4:00pm Scattergories and Social Hour</p>	<p>12:00pm Lunch with Chaplain (FDR) 6</p> <p>1:00pm Young's Hearing Aid Service (BEAUTY)</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pastor Sue's Bible Study (ACT)</p>	<p>9:30am Rose Hill Plantation Outing and Lunch (Admission \$10 Adults, \$6 SC Seniors) Meet in front of WC 7</p> <p>9:30am BeWell Blood Pressure Checks (BCR)</p> <p>2:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p>	<p>8:00am ROMEO Breakfast RESIDENTS ONLY (DR) Sign up on Clipboard. 9:00am to 11:20am Podiatrist Appointments (ACT) Call Danielle to schedule your appointment. 1:00pm Mah Jongg Club (FDR) 2:00pm Let's Play Poker (FDR) 2:00pm to 3:00pm Open Swim with Volunteer (POOL) 4:00pm Pub Trivia Week #1 (PUB)</p>	<p>9:00am WalMart Shopping (BB) Please Sign up with Danielle at 803-451-7420 2</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 3</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (BCR) 4</p> <p>10:00am Worship Service (NLC)</p> <p>11:00am First Baptist Columbia Live Service on WLTX 19 (BCR and Halti1)</p>	<p>11:30am Handbell Choir Practice (CLASS) 5</p> <p>1:30pm Monday Movie Matinee: Waitress (1hr 47 minutes) PG-13 (CLASS)</p> <p>2:00pm Active Lifestyle Mystery Ride with Danielle</p> <p>4:00pm Scattergories and Social Hour</p>	<p>12:00pm Lunch with Chaplain (FDR) 6</p> <p>1:00pm Young's Hearing Aid Service (BEAUTY)</p> <p>2:00pm Sit and Knit (BCR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pastor Sue's Bible Study (ACT)</p>	<p>9:30am Rose Hill Plantation Outing and Lunch (Admission \$10 Adults, \$6 SC Seniors) Meet in front of WC 7</p> <p>9:30am BeWell Blood Pressure Checks (BCR)</p> <p>2:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p>	<p>8:00am JULIET Breakfast RESIDENTS ONLY (DR) Please sign up on Clipboard. 8</p> <p>1:00pm Mah Jongg Club (FDR) 2:00pm Let's Play Poker (FDR)</p> <p>2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>DANIELLE WORKING 1/2 DAY</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 9</p> <p>DANIELLE OFF</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 10</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (BCR) 11</p> <p>10:00am Worship Service (NLC)</p> <p>11:00am First Baptist Columbia Live Service on WLTX 19 (BCR and Halti1)</p> <p>3:00pm-6:00pm Super Bowl Tailgate Party (HG)</p>	<p>11:30pm Handbell Choir Practice (CLASS) 12</p> <p>1:30pm Monday Movie Matinee: 50 First Dates (99 minutes) PG-13 (CLASS)</p> <p>3:00pm Card Making (FDR)</p> <p>5:00pm Potluck Dinner (HG) RESIDENTS ONLY Please Sign up on the Clipboard.</p>	<p>12:00pm Lunch with Chaplain (FDR) 13</p> <p>1:00pm Chat with Chaplin (BCR) 2:00pm Sit and Knit (BCR) 2:00pm Alzheimer's Association Caregiver Support Group (ACT) 2:00pm to 3:00pm Open Swim with Volunteer (POOL) 4:00pm Pastor Sue's Bible Study (ACT) 4:00pm to 6:00pm LADIES! Galentine's Day Sip and Paint (HG)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 14</p> <p>10:30am Valentine's Day Brunch (HG)</p> <p>1:00pm Board Game Hour (FDR)</p> <p>2:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p> <p>3:00pm Ash Wednesday Service (NLC)</p>	<p>9:00am to 11:20am Podiatrist Appointments (ACT) Call Danielle to schedule your appointment. 9:00am-11:00am Richland Country "Books to You" Program (Call 803-929-3416 or email bookstoyou@richlandlibrary.com for more information) 1:00pm Mah Jongg Club (FDR) 2:00pm Let's Play Poker (FDR) 2:00pm to 3:00pm Open Swim with Volunteer (POOL) 4:00pm Pub Trivia Week #2 (PUB) 15</p>	<p>9:00am Free Friday at Riverbanks Zoo for all Lexington and Richland County Residents (Please Sign Up on Clipboard) 16</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 17</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (BCR) 18</p> <p>10:00am Worship Service (NLC)</p> <p>11:00am First Baptist Columbia Live Service on WLTX 19 (BCR and Halti1)</p>	<p>11:30am Handbell Choir Practice (CLASS) 19</p> <p>1:30pm Monday Movie Matinee: Overboard (1hr 52 minutes) PG (CLASS)</p> <p>3:30pm Sudoku Challenge (PUB)</p> <p>6:00pm Game Night (FDR)</p>	<p>9:00am Trip to Hamrick's (Pick up at your home) Must sign up by calling Danielle, 803-451-7420 20</p> <p>12:00pm Lunch with Chaplain (FDR) 1:30pm Trip to Anchor Bowling (\$12 per person includes Shoes) Please Sign Up on Clipboard 2:00pm Sit and Knit (BCR) 2:00pm to 3:00pm Open Swim with Volunteer (POOL) 4:00pm Pastor Sue's Bible Study (ACT)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 21</p> <p>2:00pm Bridge Club (FDR) Call Betty, 749-5402, for information</p> <p>3:00pm Lent Service (NLC)</p>	<p>1:00pm Mah Jongg Club (FDR) 22</p> <p>2:00pm Let's Play Poker (FDR) 2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pub Trivia Week #3 (PUB)</p>	<p>9:00am Food Lion Shopping (Pick up at your home) Must sign up by calling Danielle, 803-451-7420 23</p> <p>3:00pm Pleasures of Poetry (ACT)</p> <p>5:00pm Not so Newly Wed Game (HG)</p>	<p>Board Games and Coloring Pages are Available in the Activity Room in the WC 24</p> <p>3:00pm Open Swim with Volunteer (POOL)</p>
<p>Independent Activities: Puzzles and Coloring Pages (BCR) 25</p> <p>10:00am Worship Service (NLC)</p> <p>11:00am First Baptist Columbia Live Service on WLTX 19 (BCR and Halti1)</p>	<p>11:30am Handbell Choir Practice (CLASS) 26</p> <p>1:30pm Monday Movie Matinee: The Devil Wears Prada (109 minutes) PG-13 (CLASS)</p> <p>3:00pm Finish that Lyric and Social Hour (FDR)</p> <p>4:00pm Therapy Discussion: Therapy Jeopardy (HG)</p>	<p>12:00pm Lunch with Chaplain (FDR) 27</p> <p>2:00pm Sit and Knit (BCR) 2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>3:00pm BINGO! BINGO! BINGO! (HG)</p> <p>4:00pm Pastor Sue's Bible Study (ACT)</p>	<p>9:30am BeWell Blood Pressure Checks (BCR) 28</p> <p>1:00pm Board Game Hour (FDR)</p> <p>2:00pm Bridge Club (FDR) Call Betty, 749-5402, for information 2:00pm Color and Connect (PUB) 3:00pm Lent Service (NLC) 4:00pm Wellness Wednesday "Healthy Heart" Discussion with Mark</p>	<p>1:00pm Mah Jongg Club (FDR) 29</p> <p>2:00pm Let's Play Poker (FDR) 2:00pm to 3:00pm Open Swim with Volunteer (POOL)</p> <p>4:00pm Pub Trivia Week #4 (PUB)</p> <p>5:30pm Smoers by the Fire Pit</p>		