

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:30am Handbell Choir (CLASS) 1 1:00pm Puzzles with Pastor (BCR) 1:30pm Monday Movie Matinee: Home Alone (PG, 1 hr 43 minutes) (CLASS) 4:00pm Piano Performance by David Lawton (HG)	10:30am Gathering with Grace: Creating Safe & Joyful Holiday Moments (HG) 2 1:00pm Young's Hearing Aid Service (BEAUTY) 1:30pm Hand and Foot Card Game (FDR) 2:00pm Sit and Knit (BCR)	9:30am BeWell Blood Pressure Checks (BCR) 3 10:30am Mid-Week Church Service (NLC) 12:00pm Board Game Hour (FDR) 1:00pm Bridge Club (FDR) Please sign up on the Clipboard before Tuesday at 5:00pm 2:30pm Alzheimer's Association Caregiver Support Group (ACT)	8:00am ROMEO Breakfast RESIDENTS ONLY (DR) Sign up on Clipboard. 4 1:00pm Mah Jongg Club (FDR) 4:00PM Pub Trivia (PUB)	2:30pm Handbell Choir Christmas Concert (HG) 5	6
10:00am Worship Service (NLC) 7	1:00pm Scattergories (FDR) 8 1:30pm Monday Movie Matinee: Elf (PG, 1 hr 37 minutes) (CLASS) 5:00pm Potluck Dinner (HG) RESIDENTS ONLY Please Sign up on the Clipboard.	10:30am Deck the Halls Without the Falls: Decorating Safely at Any Age (HG) 9 1:30pm Hand and Foot Card Game (FDR) 2:00pm Sit and Knit (BCR)	9:30am BeWell Blood Pressure Checks 10 10:30am Mid-Week Church Service (NLC) 1:00pm Bridge Club (FDR) Please sign up on the Clipboard before Tuesday at 5:00pm. 2:00pm to 4:00pm Gingerbread House Building Contest (HG) 4:00pm Jingle and Mingle Happy Hour (HG)	8:00am JULIET Breakfast RESIDENTS ONLY (DR) Please sign up on Clipboard. 11 1:30pm Visits with the Women of St. Francis 1:00pm Mah Jongg Club (FDR) 4:00PM Pub Trivia (PUB) (Decorate for Independent Living Christmas Party)	5:00pm Active Lifestyle Association Christmas Party (Sign Up on the Clipboard!) 12	13
10:00am Worship Service (NLC) 14	1:30PM BINGO (HG) 15	1:30pm Hand and Foot Card Game (FDR) 16 2:00pm Sit and Knit (BCR)	9:30am BeWell Blood Pressure Checks (BCR) 17 10:30am Mid-Week Church Service (NLC) 12:00pm Board Game Hour (FDR) 1:00pm Bridge Club (FDR) Please sign up on the Clipboard before Tuesday at 5:00pm.	1:00pm Mah Jongg Club (FDR) 18 2:00PM Resident Cookie Exchange 4:00PM Pub Trivia (PUB)	2:00PM Penny Auction (HG) 19	20
10:00am Worship Service (NLC) 21	1:30pm Monday Movie Matinee: Miracle on 34th Street (PG, 1hr 45 minutes) (CLASS) 22 4:00pm White Elephant Gift Exchange and Ugly Christmas Sweater Contest (HG)	1:30pm Hand and Foot Card Game (FDR) 23 2:00pm Sit and Knit (BCR)	10:30am Mid-Week Church Service (NLC) 24 12:00pm Board Game Hour (FDR) 1:00pm Movie Matinee: White Christmas (HG) 	 25	4:15PM Chris Reed Music! (HG) 26	27
10:00am Worship Service (NLC) 28	1:30pm Monday Movie Matinee: Along Came Polly (PG-13, 1 hr 31 minutes) 29	10:30am Aligned for the Year Ahead: The Power of Posture & Presence 30 1:30pm Hand and Foot Card Game (FDR) 2:00pm Sit and Knit (BCR)	3:30pm White Out! New Years Eve Party (HG) 31	<div> <div>December 2025</div> <div>Active Life at the Heritage at Lowman</div> <div> Activities are subject to change. Please check your email, mailbox, clipboard, and bulletin boards. If you have any questions, please contact Life Enrichment at 803-451-7420. Thank you! </div> </div>		

(ACT) Activity Room in WC, (AERO) Aerobic Room, (BEAUTY) Beauty Shop in WC, (BB) Boliek Building, (BCR) Boliek Community Room, (CLASS) Classroom in WC, (CYPL) Courtyards Parking Lot, (DR) Bistro Dining Room, (FIT) Fitness Center in WC, (FLAG) Flagpole in front of WC, (FDR) Formal Dining Room, (HCC) Heath Care Center, (HG) Hoefler Gallery in WC, (NCL) New Life Chapel in WC, (POND) Walking Trail at the Pond, (PG) Putting Green, (PP) Picnic Pavilion, (POOL) Fitness Center Pool, (PUB) Pub, (WC) Wellness Center