

OCTOBER

2020 The Heritage at Lowman Bethany Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				<p>Welcome to October Day</p> <p>1 9:30 Coffee & Conversation 10:00 Morning Devotions 2:30 Its Time to be Fruity Smoothies & Chats 6:00 Evening News</p> 	<p>2 10:00 Get Movin' & Exercise 2:00 BINGO 3:00 Ice Cream Treat Delivery</p> 	<p>3 9:30 Morning News & Chats 10:30 Glam Squad Afternoon Movie & Snack</p> 
<p>4 10:00 Hymns & Music 1:00 Worship Service</p>	<p>5 Golden Arches Day </p> <p>10:00 Monday Morning Stretch 1:30 Face Time Calls 2:30 McDonald's Facts & Snacks Evening News on TV</p>	<p>6 9:30 Coffee Break with Flavored Coffee & Snacks 10:30 Moving To Music 2:30 Simple Crafting Evening Chats w/Staff</p>	<p>7 10:30 Let's Get Movin' 1:30 Face Time Calls 2:30 Sensory Stimulation Activities</p>	<p>8 Tune Loving Thursday 9:30 Coffee & Conversation 10:00 Morning Devotions 2:30 Music, Memories & Moments 6:00 Evening News</p> 	<p>9 10:00 Get Movin' & Exercise 11:00 Manicures & Nail Care 2:00 BINGO</p> 	<p>10 9:30 Morning News & Chats 10:30 Glam Squad Afternoon Movie & Snack</p>
<p>11 10:00 Hymns & Music 1:00 Worship Service</p> 	<p>12 Columbus Day </p> <p>10:00 Monday Morning Stretch 1:30 Face Time Calls 2:30 Columbus Day Facts & Conversation Evening News on TV</p>	<p>13 9:30 Coffee Break 10:00 Terrific Tuesday Exercise 2:30 Cookie Cooking Evening Chats w/Staff</p>	<p>14 10:30 Let's Get Movin' 1:30 Face Time Calls 2:30 Simple Crafting Activities</p>	<p>15 Tell A Funny Story Day 9:30 Coffee & Conversation 10:00 Morning Devotions 2:30 Its Time to be Fruity Smoothies & Chats 6:00 Evening News</p> 	<p>16 World Food Day 10:00 Get Movin' & Exercise 11:00 Manicures & Nail Care 2:00 BINGO 3:00 Snack Treat Delivery</p>	<p>17 9:30 Morning News & Chats 10:30 Glam Squad Afternoon Movie & Snack</p>
<p>18 10:00 Hymns & Music 1:00 Worship Service</p> 	<p>19 A Doughnut Day</p> <p>10:00 Monday Morning Stretch 1:30 Face Time Calls 2:30 Donuts & Discussion Evening News on TV</p>	<p>20 Tunes Tuesday 9:30 Coffee Break with Flavored Coffee & Snacks 10:30 Moving To Music 2:30 Celebrate "Jelly Roll" Morton New Orleans Jazz Musician</p>	<p>21 9:30 Rise & Shine & Innergize 1:00 Healthy Snack Treat Delivery 1:30 Face Time Calls 2:30 Visits & Conversation Sensory Stimulation Activities</p>	<p>22 Think Positive Thursday 9:30 Coffee & Conversation 10:00 Morning Devotions 2:30 Positive Thinking Crafts & Cards 6:00 Evening News</p>	<p>23 10:00 Get Movin' & Exercise 11:00 Manicures & Nail Care 2:00 BINGO</p>  	<p>24 9:30 Morning News & Chats 10:30 Glam Squad Afternoon Movie & Snack</p>
<p>25 10:00 Hymns & Music 1:00 Worship Service</p> 	<p>26 National Pumpkin Day</p> <p>10:00 Monday Morning Stretch 1:30 Face Time Calls 2:00 Pumpkin Crafts & Snacks Evening News on TV</p>	<p>27 Tunes Tuesday 9:30 Coffee Break 10:30 Moving To Music 2:30 Music & Memories Big Band Music Evening Chats w/Staff</p>	<p>28 10:30 Let's Get Movin' 1:30 Face Time Calls 2:30 Sensory Stimulation Activities</p>	<p>29 Oatmeal Day 9:30 Coffee & Conversation With Oatmeal Snacks 10:00 Morning Devotions 2:30 Simple Crafting Activities 6:00 Evening News</p>	<p>30 Frankenstein Friday 10:30 Traveling Pre-Halloween Party 11:00 Manicures & Nail Care 2:00 Halloween Picture BINGO</p> 	<p>31 Happy Halloween 9:30 Morning News & Chats 10:30 Glam Squad Afternoon Movie & Snack</p>