













MAY

2019 The Heritage at Lowman Healthcare Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>A= Adria B= Bethel C= Cana D= Damascus MDR= Main Dining Room CL= Classroom DLC= Daily Life Center ER= Emma's Room T= Taylor Building TF= Throughout Facility M= Main Activity Room</p>	<p>DR= Dayroom U= Unit O= Outside IR= In Room OF= Outside Facility AK=ADL Kitchen WC=Wellness Center</p> <p>ALL SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE. BE SURE TO REFERENCE NOTICES POSTED AT CALENDAR & ON UNIT FOR ANY CHANGES.</p> 	<p>1 9:00 Calendar Delivery & In Room Visits (TF) 10:00 Good News Discussion from God (M) 11:00 AFEP (M) 1:30 Outside Strolls (O) 3:00 Bible Study (M)</p>	<p>2 9:00 In Room Visits 10:00 Tunes for Your Ears (M) 10:30 Jim Reed's Bible Stories w/Hymns (M) 1:00 Visits in Room (A/D) 2:00 Afternoon Reading Session w/Joyce (M) 4:00 In Room Visits (B/D)</p>	<p>3 10:00 Manicures (IR-A/C) 10:00 Manicures (IR-B) 11:00 Manicures (IR-D) 11:00 Good News Discussion (M) 1:30 Treat Delivery (TF) 2:30 Stan Hayman on Guitar (M)</p>	<p>4 10:30 Bible Talk w/Mr. Reed (M) Visit with Family and Friends</p>
<p>5  9:30 In Room Devotions (A/D) 11:15 Worship Service (M) Visits with Family and Friends</p>	<p>6 9:00 In Room Visits 10:00 Arthritis Exercise (M) 11:00 Dayroom Activity (U-B) 11:30 Dayroom Activity (U-C) 1:00 In Room Conversations 2:00 Resident's Council Meeting (M) 3:00 Timeless Trivia- Famous Faces, Famous Places (M) 4:00 Strolls & Visits (TF)</p>	<p>7 9:00 In Room Visits (TF) 10:00 Moving to Music (DR-A) 10:30 Crafting Made Easy (M) 11:00 Sensory Games (DR-A/C) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Visits & Conversations (TF) 5:00 Stephen Spurling (M)</p> 	<p>8 V-E Day 9:00 In Room Visits (TF) 10:00 AFEP (M) 11:00 Easy Crafting (DR-B) 1:30 Outside Strolls (O) 3:00 Activity By Staff Design RV'ing to Winnipeg, Canada (M)</p>	<p>9 9:00 In Room Visits 10:00 Tony Washington Sings (M) 11:00 Dayroom Activity (A/C) 1:00 Visits in Room (A/D) 2:00 Afternoon Reading Session w/Joyce (M) 4:00 In Room Visits (B/D)</p>	<p>10 Lipton Tea Day 9:00 Manicures (IR-A/C) 10:00 Manicures (IR-B) 10:00 Riverland Hills Baptist Songs & Scripture (M) 11:00 Manicures (IR-D) 1:00 Treat Delivery (TF) 3:00 History of Tea & Social (M)</p>	<p>11 10:30 Bible Talk w/Mr. Reed (M) Visit with Family and Friends</p>
<p>12 9:30 In Room Devotions (B/C) 11:15 Worship Service (M) Visits with Family and Friends</p>	<p>13 TAXI Driver Day!!!! 9:00 In Room Visits 10:00 Arthritis Exercise (M) 10:00 Crafting in Room (A-U) 11:00 Crafting in Room (B-U) 1:30 Strolls & Visits (TF) 2:30 Travelogue- South Carolina 3:30 Crafting in Room (C-U) 4:00 Out to Dinner Trip (OF)</p>	<p>14 9:00 In Room Visits (TF) 10:00 Activity By Staff Design (M) 10:00 Dayroom Small Group (A) 10:30 Dayroom Small Group (B) 11:30 Good News Day (M) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Strolls & Visits (TF)</p> 	<p>15 Chocolate Chip Day 9:00 In Room Visits (TF) 10:00 Good News Discussion from God (M) 11:00 AFEP (M) 11:00 Small Group-Baking (AK) 1:30 Visits in Room (A/C/D) 2:00 Unit Activity (A) 3:00 Chats with Chaplin (M) 3:30 Unit Activity (C)</p>	<p>16 First Nickel Day 9:00 In Room Visits 10:00 Unit Movies at Desk (TF) 11:00 Picnic at Lake Trip (OF) 1:00 In Room Devotions (IR-A) 1:30 Strolls (O) 2:00 Afternoon Reading Session w/Joyce (M) 3:00 Activity By Staff Design (M)</p>	<p>17 9:00-12:00 In Room Manicures (TF) 11:00 Good News Discussion (M) 1:00 Visits & Conversations (TF) 2:30 Stan Hayman Music (M)</p> 	<p>18 Visit with Family and Friends 10:30 Bible Talk w/Mr. Reed (M) </p>
<p>19 9:30 In Room Devotions (A/D) 11:15 Worship Service (M) Visits with Family and Friends</p>	<p>20 Victoria Day 9:00 In Room Visits 10:00 Arthritis Exercise (M) 10:30 Dayroom Activity (A) 11:30 Dayroom Activity (B) 1:00 In Room Visits (U) 1:30 Dayroom Activity (C) 2:30 Cranium Crunches (M) 3:00 Tanglefoot Squaredancers (M)</p>	<p>21 "Tiptoe Through the Tulips" Tuesday 9:00 In Room Visits (TF) 10:00 History of Tulips (M) Flower Crafts (M) 10:30 Unit Movie at Desk Area (A) 10:30 Unit Movie at Desk Area (B) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Visits & Conversations (TF)</p> 	<p>22 9:00 In Room Visits (TF) 10:00 Current Events & Conversation (M) 10:00 Dayroom Activities (A) 11:00 AFEP (M) 11:30 Dayroom Activities (B) 1:30 Outside Strolls (O) 3:00 Bible Study (M)</p>	<p>23 Jazz It Up Day 9:00 In Room Devotions (TF) 10:30 Jim Reed's Bible Stories w/Hymns (M) 11:30 Movies Trip (OF) 11:30 Jazz It Up-Musicians, Trivia, & Conversations (M) 1:00 Visits in Room (A/D) 2:00 Afternoon Reading Session w/Joyce (M) 3:00 Gary West WW2 Music Tribute (M)</p>	<p>24 9:00-11:00 In Room Visits-Nail Care (TF) 10:00 Unit Movie at Desk (TF) 3:00 Penny Auction (M)</p> 	<p>25 10:30 Bible Talk w/Mr. Reed (M) Visit with Family and Friends</p>
<p>26 9:30 In Room Devotions (B/C) 11:15 Worship Service (M) 3:00 Bingo & Fun (M) Visits with Family and Friends</p>	<p>27  9:00 In Room Visits 10:00 Second Chance Music Ministries Perform (M) 11:00 Arthritis Exercise (M) 1:00 In Room Visits (TF) 2:30 Ice Cream Treat Delivery (TF)</p>	<p>28 9:00 In Room Visits (TF) 10:30 Travelogue-Historic Places in South Carolina (M) 11:30 Good News Day (M) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Strolls & Visits (TF)</p> 	<p>29 Nat'l Senior Health & Fitness Day **No Pain, No Gain Fitness Activities Through out The Day** 9:00 In Room Visits (TF) 10:00 WHOGA (M) 10:00 Dayroom Activities-ROM (A) 11:00 AFEP (M) 11:30 Dayroom Activities-ROM (B) 1:30 Outside Strolls (O) 3:00 Bible Study (M)</p>	<p>30 9:00 In Room Visits 10:00 Unit Activity (B/D) 11:00 Dayroom Activity (A/C) 12:00 Scenic Ride Trip (OF) 1:00 Visits in Room (A/D) 2:00 Afternoon Reading Session w/Joyce (M) 3:00 Monthly Birthday Party (M)</p> 	<p>31 9:00-11:00 In Room Visits-Nail Care (TF) 10:00 Unit Movie at Desk (TF) 3:00 ROAD Sign BINGO (M)</p>	