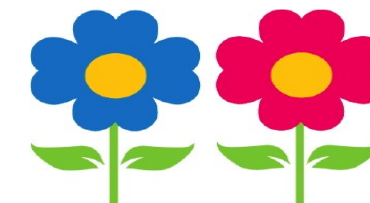




May 2019 The Heritage at Lowman Bethany



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPENING IN MAY Thursday, May 16th SPRING TEA 2:30 Thursday, May 30th BASEBALL GAME 1:30	COMING IN JUNE WEDNESDAY, JUNE 19th BETHANY DOG SHOW 2:00	ALL ACTIVITIES ARE SUBJECT TO CHANGE PLEASE CHECK DAILY FOR ANY CHANGES THANK YOU	1 9:00 Get Movin' with Mary 9:30 News Flash 10:00 Strike Up the Band 11:00 Mind Stretchers 2:00 Celebrate Mother Goose Day 3:30 Walking Club	2 9:00 Time to Stretch 10:00 Hymn Sing 10:30 Scripture & Song with Chaplain 1:30 Craft Time 2:30 Music with Mr. Bauknight 3:30 Walking Club 4:00 A Reading	3 9:00 Devotions 9:30 Sit and Move 10:30 Music with Pastor Jackie 2:00 Bingo 3:30 Walking Club 4:00 Soothing Hands	4 Running of the Kentucky Derby 9:30 Morning News & Chats 10:00 Coffee Time 2:00 Movie & Snack 3:30 Walking Club <i>Visit with Family and Friends</i>
5 Cinco de Mayo Visits with Family & Friends 10:00 Hymns 2:00 Worship Service 4:00 Strolls & Visits	6 National Beverage Day 9:30 Stretch and Chat 10:00 Price is Right 2:00 Trivia Time with a Beverage 3:30 Walking Club 4:00 Chats with Staff	7 10:00 Exercise with Ann 11:00 Sensory Stimulation 2:00 Reminisce Corner 3:30 Walking Club 4:00 Chats with Staff	8 Have a Coke Day 9:00 Get Movin' 10:30 Strike Up the Band 2:00 Fill in the Blank and Coke 3:30 Walking Club 4:00 Lotion Pass	9 9:00 Time to Stretch 10:00 Hymn Sing 10:30 Scripture and Song with Chaplain 1:30 Bethany Horse Race 2:30 Music with Carol 3:30 Walking Club 4:00 A Reading 	10 9:00 Devotions 9:30 Sit and Move 11:00 Sing-a-Long with St. Paul 1:30 Bingo 3:30 Walking Club 4:00 Soothing Hands	11 9:30 Morning News & Chats 10:00 Coffee Time 2:00 Movie & Snack 3:30 Walking Club <i>Visit with Family and Friends</i>
12 Mother's Day Visits with Family & Friends 10:00 Hymns 2:00 Worship Service 3:00 Cookies and Lemonade 4:00 Strolls & Visits 	13 9:30 Stretch and Chat 10:00 Word Scramble 11:00 Aroma Therapy 2:00 What's the Price and Flavored Waters 3:30 Walking Club 4:00 Activities for the Soul	14 9:00 Morning Greetings and Prayer 10:00 Exercise with Ann 11:00 Sensory Stimulation 2:00 Etiquette Review 3:30 Walking Club 4:00 Rockin' on the Patio	15 9:00 Get Movin' with Mary 9:30 News Flash 10:30 Strike up the Band 11:00 Two's 2:00 A Spring Drawing 3:30 Walking Club 4:00 Hand Massage	16 9:00 Time to Stretch 10:00 Hymn Sing 10:30 Scripture and Song with Chaplain 2:30 Spring Tea 2:30 Music with Mr. Bauknight 3:30 Walking Club 4:00 A Reading 	17 9:00 Devotions 9:30 Sit and Move 10:30 Current Events 2:00 Bingo 3:30 Walking Club 4:00 Soothing Hands	18 Armed forces Day/Full Moon 9:30 Morning News & Chats 10:00 Coffee Time 2:00 Movie & Snack 3:30 Walking Club <i>Visit with Family and</i>
19 Visits with Family & Friends 10:00 Hymns 2:00 Worship Service 4:00 Strolls & Visits	20 9:30 Stretch and Chat 10:00 Three's 11:00 Aroma Therapy 1:30 Mystery Ride 3:30 Walking Club 4:00 Activities for the Soul	21 9:00 Morning Greetings and Prayer 10:00 Exercise with Ann 11:00 Sensory Stimulation 2:00 You Be the Judge 3:30 Walking Club 4:00 Poetry Corner	22 9:00 Get Movin' with Mary 9:30 News Flash 10:30 Strike Up the Band 11:00 Answer This 2:00 Monthly Birthday Party 3:30 Walking Club 4:00 Hand Massage	23 9:00 Time to Stretch 10:00 Hymn Sing 10:30 Scripture and Song with Chaplain 1:30 Craft Time 2:30 Music with Carol 3:30 Walking Club 4:00 A Reading	24 9:00 Devotions 9:30 Sit and Move 10:30 Imagine ? 2:00 Bingo 3:30 Walking Club 4:00 Soothing Hands	25 9:30 Morning News & Chats 10:00 Coffee Time 2:00 Movie & Snack 3:30 Walking Club <i>Visit with Family and Friends</i>
26 The Indianapolis 500 Visits with Family & Friends 10:00 Hymns 2:00 Worship Service 4:00 Strolls & Visits	27 Memorial Day  9:30 Stretch and Chat 10:00 Opposites 11:00 Aroma Therapy 2:00 Patriotic Sing-a-Long 3:30 Walking Club 4:00 Activities for the Soul	28 9:00 Morning Greetings & Prayer 10:00 Exercise with Ann 11:00 Sensory Stimulation 2:00 Folktales 3:30 Walking Club 4:00 Poetry Corner	29 Senior Health & Fitness Day 9:00 Get Movin' with Mary 9:30 News Flash 10:30 Strike Up the Band 11:00 Would you Rather 2:00 Jeopardy 3:30 Walking Club	30 9:00 Time to Stretch 10:00 Hymn Sing 10:30 Scripture and Song with Chaplain 1:30 Annual Baseball Game 2:30 Music with Mr. Bauknight 3:30 Walking Club 4:00 A Reading 	31 9:00 Devotions 9:30 Sit and Move 10:30 What Year? 2:00 Bingo 3:30 Walking Club 4:00 Soothing Hands	