

MARCH

2019 The Heritage at Lowman Healthcare Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	DR= Dayroom U= Unit O= Outside IR= In Room OF= Outside Facility AK=ADL Kitchen WC=Wellness Center ALL SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE. BE SURE TO REFERENCE NOTICES POSTED AT CALENDAR & ON UNIT FOR ANY CHANGES.				1 Welcome to March Day 10:00 Calendar Delivery (TF) 10:00 Manicures (IR-A/C) 10:00 Manicures (IR-B) 11:00 Manicures (IR-D) 11:00 Good News Discussion (M) 1:30 In Room Visits (TF) 2:30 Stan Hayman on Guitar (M)	2 10:30 Bible Talk w/Mr. Reed (M) Visit with Family and Friends
3 9:30 In Room Devotions (A/D) 11:15 Worship Service (M) Visits with Family and Friends	4 Shrove Monday 9:00 In Room Visits 9:30 Walmart Shopping Trip (OF) 10:00 Arthritis Exercise (M) 10:00 Dayroom Activity (U-A) 11:00 Dayroom Activity (U-B) 11:30 Dayroom Activity (U-C) 1:00 In Room Conversations 2:00 Resident's Council Meeting (M) 3:00 Carolina Trio Performs (M)	5 Mardi Gras 9:00 In Room Visits (TF) 9:30 Walmart Shopping Trip (OF) 10:00 Moving to Music (DR-A) 10:30 Moving to Music (DR-B) 11:00 Sensory Games (DR-A/C) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (CL) 3:00 Mardi BINGO & Party (CL) 4:00 Visits & Conversations (TF)	6 Ash Wednesday 9:00 In Room Visits (TF) 10:00 Good News Discussion from God (M) 11:00 AFEP (M) 10:00 Easy Crafting (DR-A) 11:00 Easy Crafting (DR-B) 1:00 Visits in Room (A/D) 2:00 Ash Wednesday Services (M)	7 9:00 In Room Visits 10:00 Tunes for Your Ears (M) 10:30 Jim Reed's Bible Stories w/Hymns (M) 11:00 Dayroom Activity (A/C) 1:00 Visits in Room (A/D) 2:00 Afternoon Reading Session w/Joyce (M) 3:00 Second Chance Music Ministries (M)	8 9:00 Manicures (IR-A/C) 10:00 Manicures (IR-B) 10:00 Riverland Hills Baptist Songs & Scripture (M) 11:00 Manicures (IR-D) 1:30 In Room Visits (TF) 2:00 Music to Otto (M) 3:00 Afternoon Movie Matinee (M)	9 10:30 Bible Talk w/Mr. Reed (M) Visit with Family and Friends 
10  9:30 In Room Devotions (B/C) 11:15 Worship Service (M) Visits with Family and Friends	11 9:00 In Room Visits 10:00 Arthritis Exercise (M) 10:00 Crafting in Room (A-U) 11:00 Crafting in Room (B-U) 1:30 Strolls & Visits (TF) 2:30 Cranium Crunches (M) 3:30 Crafting in Room (C-U)	12 9:00 In Room Visits (TF) 10:00 Classic TV Shows -Andy Williams on DVD (M) 11:30 Good News Day (M) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Strolls & Visits (TF) 5:00 Stephen Spurling (M)	13 9:00 In Room Visits (TF) 11:00 Crafting & Conversation (U-B) 11:00 AFEP (M) 1:30 Visits in Room (A/C/D) 2:00 Unit Activity (A) 3:00 Bible Study (M) 3:30 Unit Activity (C)	14 9:00 In Room Visits 10:00 Unit Movie at Desk (TF) 10:30 Tony Washington Sings (M) 11:30 Strolls (TF) 1:00 In Room Devotions (TF) 2:00 Afternoon Reading Session w/Joyce (M) 3:00 Pamela Austin on Guitar (M)	15 Ides of March 9:00-12:00 In Room Manicures (TF) 11:00 Good News Discussion (M) 1:00 Visits & Conversations (TF) 2:30 Stan Hayman Music (M) 3:30 Activity Combo-Who Wrote It? & Book BINGO (M)	16 Visit with Family and Friends 10:30 Bible Talk w/Mr. Reed (M)
17 St. Patrick's Day 9:30 In Room Devotions (A/D) 11:15 Worship Service (M) Visits with Family and Friends	18 9:00 In Room Visits 10:00 Arthritis Exercise (M) 10:30 Dayroom Activity (A) 11:30 Dayroom Activity (B) 1:00 In Room Visits (U) 1:30 Dayroom Activity (C) 2:00 Gary West Music Show "Broadway Hits" (M) 3:00 Tanglefoot Squaredancers (M)	19 9:00 In Room Visits (TF) 10:30 Motown Morning (M) 10:30 Unit Movie at Desk Area (A) 10:30 Unit Movie at Desk Area (B) 11:00 Scenic Ride Trip (OF) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Visits & Conversations (TF)	20 First Day of Spring 9:00 In Room Visits (TF) 10:00 Good News Discussion from God (M) 10:00 Dayroom Activities (A) 11:00 AFEP (M) 11:30 Dayroom Activities (B) 2:00 Welcome to Spring Party (M) 3:00 Chats with Chaplin (M)	21 Memory Day 9:00 In Room Devotions (TF) 10:30 Jim Reed's Bible Stories w/Hymns (M) 11:30 Movies Trip (OF) 1:00 Visits in Room (A/D) 2:00 Afternoon Reading Session w/Joyce (M) 3:00 Cranium Crunches, Reminiscing & Conversation (M) 4:30 In Room Visits (TF)	22 9:00-11:00 In Room Visits-Nail Care (TF) 10:00 Unit Movie at Desk (TF) 2:00 Activity Combo- Bingo, Movies & Stars (M)	23 10:30 Bible Talk w/Mr. Reed (M) Visit with Family and Friends
24 9:30 In Room Devotions (B/C) 11:15 Worship Service (M) 3:00 Bingo & Fun (M) Visits with Family and Friends	25 9:00 In Room Visits 10:00 Arthritis Exercise (M) 10:30 Dayroom Activity (A) 11:30 Dayroom Activity (B) 1:30 In Room Visits (U) 2:30 Resident Monthly Birthday Party (M)	26 Purple Day 9:00 In Room Visits (TF) 10:00 Classic TV Shows -Andy Williams on DVD (M) 11:30 Good News Day (M) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Strolls & Visits (TF)	27 Joe Day 9:00 In Room Visits (TF) 10:00 Good News Discussion from God (M) 11:00 Crafting & Conversation (U-B) 11:00 AFEP (M) 2:00 Musician Spotlight & Famous Joe's (M) 3:00 Bible Study (M)	28 9:00 In Room Devotions (TF) 10:30 Jim Reed's Bible Stories w/Hymns (M) 11:00 Out to Lunch Trip (OF) 11:00 In Room Crafting Activity (A) 1:00 Visits in Room (B/D) 2:00 Afternoon Reading Session w/Joyce (M) 3:00 Activity Combo- Favorite Actor or Actress Who Is Ann Margret? (M)	29 Coca-Cola Day 9:00-12:00 In Room Manicures (TF) 11:00 Good News Discussion (M) 1:00 Visits & Conversations (TF) 2:30 Coca-Cola Social (M)	30 Visit with Family and Friends 10:30 Bible Talk w/Mr. Reed (M)
31 9:30 In Room Devotions (B/C) 11:15 Worship Service (M) Visits with Family and Friends						