




Haltiwanger at the Heritage at *March* Lowman 2020



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10:00 Worship Service (NLC) 11:00 First Baptist TV Service (Halt1)	2 9:30 Rummikub (Halt2) 2:00 Arthritis Exercises (Halt2)	3 9:30 Board Games (Halt2) 1:00-2:00 Young's Hearing Aid Service (CLASS) 1:30 Bible Study (Halt1) 6:00 BINGO with friends of Diane (Halt2) 6:00 Pastor's Bible Study "Dining with the Divine" (FDR)	4 8:00-3:00 Beautician available (BEAUTY) 10:30 Chapel Lenten Service "Betraying Eyes" (NLC) 1:30 Arthritis Exercise (Halt2)	5 8:00-3:00 Beautician available (BEAUTY) 9:00 Matter of Balance Exercise (Halt2) 1:30 Bridge Club (BCR) 2:30 Haltiwanger Resident Meeting (Halt2) 3:00 Current Events (ACT) 6:00 Bible Study with Jim (ACT)	6 9:00 Wal-Mart Shopping (BB) Call Mary 451-7420 9:30 Walk and Roll Walking Club with Kayla (Halt1) 10:00 Riverland Hills Sing-a-long (Halt2) 2:00 Movie Matinee "Sweet Home Alabama" (CLASS)	7 3:00 Cards, Games and Puzzles (Halt2)
8  10:00 Worship Service (NLC) 11:00 First Baptist TV Service (Halt1)	9 9:30 Rummikub (Halt2) 3:00 Arthritis Exercise (Halt2)	10 9:30 Board Games (Halt2) 1:30 Bible Study (Halt1) 3:00 Mystery Ride Haltiwanger (WC) 6:00 Pastor's Bible Study "Dining with the Divine" (FDR)	11 8:00-3:00 Beautician available (BEAUTY) 10:30 Chapel Lenten Service "Sleepy Eyes" (NLC) 2:00 Arthritis Exercise (Halt2)	12 8:00 JULIET Breakfast (DR) 8:00-3:00 Beautician available (BEAUTY) 9:00 Matter of Balance Exercise (Halt2) 1:30 Bridge Club (BCR) 3:00 Current Events (ACT) 2:30 Crafting with Genie (Halt2) 6:00 Bible Study with Jim (ACT)	13 <i>Gorgeous Grandma Day</i> 9:00 Publix Shopping (BB) Call Mary 451-7420 <i>9:00 -4:00 Gorgeous Grandma Facials and Makeup Sessions (BEAUTY) Please sign up in the WC Mailroom, or see Mary for appt.</i> 9:30 Walk and Roll Walking Club with Kayla (Halt1) 2:00 Movie Matinee "Mamma Mia" (CLASS) 2:30 Sing-a-long Fun with Carol (Halt2)	14 3:00 Cards, Games and Puzzles (Halt2)
15 10:00 Worship Service (NLC) 11:00 First Baptist TV Service (Halt1)	16 9:30 Rummikub (Halt2) 2:00 Arthritis Exercises (Halt2) 3:30 Fit and Fun with Kayla (Halt2)	17 <i>Happy St Patrick's Day</i> Wear Green or get pinched! 9:30 Board Games (Halt2) 1:30 Bible Study (Halt1) 4:00 Chat with Chaplain (Halt1) 6:00 Pastor's Bible Study "Dining with the Divine" (FDR)	18 <i>Wellness Wednesday</i> 8:00-3:00 Beautician available (BEAUTY) 10:30 Chapel Lenten Service "Denying Eyes" (NLC) 2:00 Arthritis Exercise (Halt2) 3:00 Wellness Wednesday "Nutrition Needs as We Age" presented by Lexington Medical Center (HG)	19 8:00-3:00 Beautician available (BEAUTY) 9:00 Matter of Balance Exercise (Halt2) 1:30 Bridge Club (BCR) 3:00 Crafting with Kathy (Halt2) 3:00 Current Events (ACT) 4:00 Alzheimer's Support Group (CLASS) 6:00 Bible Study with Jim Reed (ACT)	20 9:30 Walk and Roll Walking Club with Kayla (Halt1) 1:30 Movie Matinee "Under the Tuscan Sun" (CLASS) 3:00 Pleasures of Poetry (ACT)	21 10:00-Noon Pet Visits with Dina and Sue (Halt1 or PORCH) 3:00 Cards, Games and Puzzles (Halt2)
22 10:00 Worship Service (NLC) 11:00 First Baptist TV Service (Halt1)	23 9:30 Rummikub (Halt2) 10:00 Coffee and Chats with Veterans (FDR) Veterans are invited to attend! 2:00 Arthritis Exercises (Halt2)	24 9:30 Board Games (Halt2) 6:00 Pastor's Bible Study "Dining with the Divine" (FDR)	25 8:00-3:00 Beautician available (BEAUTY) 10:30 Chapel Lenten Service "Murderous Eyes" (NLC) 2:00 Arthritis Exercise (Halt2)	26 8:00-3:00 Beautician available (BEAUTY) 9:00 Matter of Balance Exercise (Halt2) 10:00 Book Club "Before We Were Yours" by Lisa Wingate (CLASS) 1:30 Bridge Club (BCR) 3:00 Current Events (ACT) 3:00 Haltiwanger Birthday Party (Halt2) 4:00 Therapy Education "Eating Healthy; The Inflammation Connection" (FIT) 6:00 Bible Study with Jim Reed (ACT)	27 9:00 Food Lion (WC) Call Mary, 451-7420 9:30 Walk and Roll Walking Club with Kayla (Halt1) 1:30 Movie Matinee "Erin Brokovich" (CLASS) 2:30 Sing-a-long Fun with Carol (Halt2) 4:00 Big BINGO for Prizes and More (HG)	28 3:00 Cards, Games and Puzzles (Halt2)
29 10:00 Worship Service (NLC) 11:00 First Baptist TV Service (Halt1) 3:00 Sundays at Lowman Concert Series (NLC)	30 9:30 Rummikub (Halt2) 2:00 Arthritis Exercises (Halt2)	31 8:15-Noon Podiatrist Appointments for Haltiwanger (Beauty) Please see your CNA for appointment 9:30 Board Games (Halt2) 10:15 Mt Horeb Church Luncheon (WC) Limited Spots available, please call Mary 451-7420 1:30 Bible Study (Halt1) 6:00 Pastor's Bible Study "Dining with the Divine" (FDR)	(ACT) Activity Room (AERO) Aerobic Room (BEAUTY) Beauty Shop (BB) Boliek Building (BCR) Boliek Community Room (CLASS) Classroom (DR) Bistro Dining Room (FIT) Fitness Center (FLAG) Flagpole in front of Wellness Center	(FDR) Formal Dining Room (Halt1) Haltiwanger 1st floor (Halt2) Haltiwanger 2nd floor (HCC) Rehab and Healthcare Center (HG) Hoefler Gallery (NLC) New Life Chapel (POND) Walking Trail at the Pond (PG) Putting Green	(PP) Picnic Pavilion (POOL) Fitness Center Pool (PORCH) Haltiwanger Porch (PUB) Pub (TTCL) Tom Tuten Computer Lab in the Boliek Basement (WC) Wellness Center	<p style="text-align: center;">March Is National Nutrition Month</p> <p style="text-align: center;"><i>Activities are subject to change. Please check bulletin boards, mailboxes, and calendars for changes.</i></p>