



MARCH 2020 THE HERITAGE AT LOWMAN BETHANY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<p>1</p> <p><i>Visits with Family & Friends</i> 10:00 Hymns 2:00 Worship Service 3:00 Refreshment Cart 4:00 Strolls & Visits</p>	<p>2</p> <p>9:30 Get Movin' 10:30 Sensory Sensation 2:00 Arts & Crafts 3:00 Refreshment Cart 3:30 Music and Meditation</p>	<p>3</p> <p>9:30 Get Movin' 10:00 Exercise with Ann 2:00 Happy Hour 3:00 Chat with Carla</p>	<p>4</p> <p>9:30 Coffee + Convo 10:00 Brain Games 11:00 Men's Club Meeting 2:00 Women's History Celebration 3:00 Refreshment Cart</p>	<p>5</p> <p>9:30 Coffee & Convo 10:00 Hymn Sing 10:30 Scripture and Song with Chaplain 2:00 Piano Music With Carol 3:00 Refreshment Cart</p>	<p>6</p> <p>9:30 Get Movin' 10:30 Sing A Long with St. Paul 11:30 Tabletop Trivia 2:00 Bingo 3:00 Refreshment Cart</p>	<p>7</p> <p><i>Visit with Family and Friends</i> 9:30 Morning News & Chats 10:00 Coffee Time 3:00 Refreshment Cart</p>		
<p>8</p> <p><i>Visits with Family & Friends</i> 10:00 Hymns 2:00 Worship Service 3:00 Refreshment Cart 4:00 Strolls & Visits</p> <p>DAYLIGHT SAVINGS TIME</p>	<p>9</p> <p>9:30 Get Movin' 10:30 Sensory Sensation 2:00 Arts & Crafts 3:00 Refreshment Cart 3:30 Music and Meditation</p> <p>FULL MOON</p>	<p>10</p> <p>9:30 Coffee & Convo 10:00 Exercise with Ann 2:00 Ice Cream Social 3:00 Refreshment Cart</p>	<p>11</p> <p>9:30 Get Movin' 10:00 Coffee + Convo 11:00 Women's Club 2:30 Parachute Fun 3:00 Refreshment Cart</p>	<p>12</p> <p>9:30 Coffee & Convo 10:00 Hymn Sing 10:30 Scripture and Song with Chaplain 2:00 Poetry Corner 3:00 Refreshment Cart</p>	<p>13</p> <p>9:30 Get Movin' 10:00 Game Day 11:00 Tabletop Trivia 2:00 Bingo 3:00 Music + Meditation</p>	<p>14</p> <p><i>Visit with Family and Friends</i> 9:30 Morning News & Chats 10:00 Coffee Time 2:00 Movie Matinee 3:00 Refreshment Cart</p>		
<p>15</p> <p><i>Visits with Family & Friends</i> 10:00 Hymns 2:00 Worship Service 3:00 Refreshment Cart 4:00 Strolls & Visits</p>	<p>16</p> <p>9:30 Get Movin' 10:00 You Be The Judge 10:30 Brain Game 2:00 Arts & Crafts 3:00 Refreshment Cart</p>	<p>17</p> <p>9:30 Coffee and Convo 10:00 Exercise w/Ann 11:00 Women's Club 2:00 St. Patrick's Day Celebration 3:00 Refreshment Cart ST. PATRICK'S DAY</p>	<p>18</p> <p>9:30 Get Movin' 10:00 No Bake Activity 11:00 Men's Club Meeting 2:00 Limo Kite Flying 3:00 Refreshment Cart</p>	<p>19</p> <p>9:30 Coffee & Convo 10:00 Hymn Sing 10:30 Scripture and Song with Chaplain 2:00 Fancy Nails 3:00 Refreshment Cart SPRING BEGINS</p>	<p>20</p> <p>9:30 Get Movin' 10:00 Game Day 11:00 Tabletop Trivia 2:00 Bingo 3:00 Music + Meditation</p>	<p>21</p> <p><i>Visit with Family and Friends</i> 9:30 Morning News & Chats 10:00 Coffee Time 2:00 Movie Matinee 3:00 Refreshment Cart</p>		
<p>22</p> <p><i>Visits with Family & Friends</i> 10:00 Hymns 2:00 Worship Service 3:00 Refreshment Cart 4:00 Strolls & Visits</p>	<p>23</p> <p>9:30 Get Movin' 10:00 Visit with Libby 11:00 Women's Club 2:00 Arts & Crafts 3:00 Refreshment Cart</p>	<p>24</p> <p>9:30 Coffee & Convo 10:00 Exercise with Ann 2:00 Fancy Nails 3:00 Refreshment Cart</p>	<p>25</p> <p>9:30 Get Movin' 10:00 Brain Game 11:00 Men's Club 2:00 Sensory Sensation 3:00 Refreshment Cart</p>	<p>26</p> <p>9:30 Coffee & Convo 10:00 Hymn Sing 10:30 Scripture and Song with Chaplain 2:00 Piano Music With Carol 3:00 Refreshment Cart</p>	<p>27</p> <p>9:30 Get Movin' 10:00 Game Day 11:00 Book Club 2:00 Bingo 3:00 Refreshment Cart</p>	<p>28</p> <p><i>Visit with Family and Friends</i> 9:30 Morning News & Chats 10:00 Coffee Time 3:00 Refreshment Cart 3:30 Walking Club</p>		
<p>29</p> <p><i>Visits with Family & Friends</i> 10:00 Hymns 2:00 Worship Service 3:00 Refreshment Cart 4:00 Strolls & Visits</p>	<p>30</p> <p>9:30 Get Movin' 10:00 Brain Game 11:00 Chicken Soup for the Soul 2:00 Arts and Crafts 3:00 Refreshment Cart</p>	<p>31</p> <p>9:30 Coffee & Convo 10:00 Exercise with Ann 11:00 Women's Club 2:00 Birthday Party 3:00 Refreshment Cart</p>						<p>ALL SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE</p>