

# March 2019 The Heritage at Lowman Bethany

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>ALL ACTIVITIES ARE SUBJECT TO CHANGE.</b></p> <p><b>PLEASE CHECK DAILY FOR ANY CHANGES</b></p>	<p><b>WHAT'S HAPPENING IN MARCH</b>  <b>Wednesday, Mar. 27th</b>  <b>2:00</b>  <b>Let's Fly Kites</b></p>	<p><b>WHAT'S HAPPENING IN APRIL</b>  <b>Thursday, April, 25th</b>  <b>1:30</b>  <b>Gone Fishin' at the Pond</b></p>		<p>1 9:00 Devotions            9:30 Sit and Move            10:30 Music with Pastor Jackie            2:00 Bingo            3:30 Walking Club            4:00 Soothing Hands</p>	<p>2            9:30 Morning News and Chats            10:00 Coffee Time            2:00 Movie and Snack            3:30 Walking Club  <i>Visit with Family and Friends</i></p>
<p>3  <b>Visits with Family &amp; Friends</b></p> <p>10:00 Hymns            2:00 Worship Service            4:00 Strolls &amp; Visits</p>	<p>4            9:30 Stretch and Chat            10:00 Happenings in March            11:00 Aroma Therapy            1:30 Chapin Chirpers            3:30 Walking Club            4:00 Activities for the Soul</p>	<p>5 <b>Mardi Gras</b>            9:00 Morning Greetings and Prayer            10:00 Exercise with Ann            11:00 Sensory Stimulation            2:00 Mardi Gras and Pancakes            3:30 Walking Club</p>	<p>6 Ash Wednesday            9:00 Get Movin' with Mary            9:30 News Flash            10:30 Strike up the Band/ Men's Club            11:00 What Would You Do            2:00 Volleyball            3:30 Walking Club</p>	<p>7            9:00 Time to Stretch            10:00 Hymn Sing            10:30 Scripture and Song with Chaplain            1:30 Craft Time            2:30 Music with Mr. Bauknight            3:30 Walking Club</p>	<p>8 9:00 Devotions            9:30 Sit and Move            10:00 Roll the Dice            11:00 Sing-a-Long with St. Paul            2:00 Bingo            3:30 Walking Club            4:00 Soothing Hands</p>	<p>9            9:30 Morning News and Chats            10:00 Coffee Time            2:00 Bingo with East Lake Church            3:30 Walking Club  <i>Visit with Family and</i></p>
<p>10 Daylight Savings Time Begins  <b>Visits with Family &amp; Friends</b></p> <p>10:00 Hymns            2:00 Worship Service            4:00 Strolls &amp; Visits</p> 	<p>11            9:30 Stretch and Chat            10:00 Answer This            11:00 Guess and Tell            2:00 What's the Price            3:30 Walking Club            4:00 Activities for the Soul</p>	<p>12            9:00 Morning Greetings and Prayer            10:00 Exercise w/Ann            11:00 Sensory Stimulation            2:00 You be the Judge            3:30 Walking Club            4:00 Poetry Corner</p>	<p>13            9:00 Get Movin' with Mary            9:30 News Flash            10:30 Strike up the Band/ Men's Club            11:00 Mind Stretchers            1:30 Mystery Ride            3:30 Walking Club</p>	<p>14 9:00 Time to Stretch            10:00 Hymn Sing            10:30 Scripture and Song with Chaplain            1:30 Craft Time            2:30 Music with Carol            3:30 Walking Club            4:00 A short Story</p>	<p>15            9:00 Devotions            9:30 Sit and Move            10:30 Finish the Sentence            2:00 Bingo            3:30 Walking Club            4:00 Soothing Hands</p>	<p>16            9:30 Morning News and Chats            10:00 Coffee Time            2:00 Movie and Snack            3:30 Walking Club  <i>Visit with Family and</i></p>
<p>17 <b>St. Patrick's Day</b>  <b>Visits with Family &amp; Friends</b></p> <p>10:00 Hymns            2:00 Worship Service            4:00 Strolls &amp; Visits</p> 	<p>18            9:30 Stretch and Chat            10:00 A Table Game            11:00 Aromatherapy            2:00 Hoops Contest            3:30 Walking Club            4:00 Activities for the Soul</p>	<p>19            9:00 Morning Greetings and Prayer            10:00 Exercise with Ann            11:00 Sensory Stimulation            2:00 Sing-a-Long            3:30 Walking Club            4:00 Poetry Corner</p>	<p>20 Spring Begins/Full Moon            9:00 Get Movin' with Mary            9:30 News Flash            10:30 Strike Up the Band/ Men's Club            11:00 Mind Stretchers            2:00 Birthday Party            3:30 Walking Club</p>	<p>21            9:00 Time to Stretch            10:00 Hymn Sing            10:30 Scripture and Song with Chaplain            1:30 Craft Time            2:30 Music with Mr. Bauknight            3:30 Walking Club</p>	<p>22 World Day for Water            9:30 Sit and Move            10:00 Price is Right            2:00 Bingo            3:00 Have Some Water            3:30 Walking Club            4:00 Soothing Hands</p>	<p>23            9:30 Morning News and Chats            10:00 Coffee Time            2:00 Movie and Snack            3:30 Walking Club  <i>Visit with Family and Friends</i></p>
<p>24  <b>Visits with Family &amp; Friends</b></p> <p>10:00 Hymns            2:00 Worship Service            4:00 Strolls &amp; Visits</p>	<p>25            9:30 Stretch and Chat            10:00 Reminisce            11:00 Word Scramble            2:00 Jeopardy            3:30 Walking Club            4:00 Activities for the Soul</p>	<p>26            9:00 Morning Greetings and Prayer            10:00 Exercise with Ann            11:00 Sensory Stimulation            2:00 Who Said it?            3:30 Walking Club            4:00 Poetry Corner</p>	<p>27 9:00 Get Movin' with Mary            9:30 News Flash            10:39 Strike Up the Band/ Men's Club            11:00 Would You Rather            2:00 Let's Fly Kites            3:30 Walking Club</p>	<p>28 9:00 Time to Stretch            10:00 Hymn Sing            10:30 Scripture and Song with Chaplain            1:30 Craft Time            2:30 Music with Carol            3:30 Walking Club            4:00 A Short Story</p>	<p>29            9:00 Devotions            9:30 Sit and Move            10:00 Current Events            2:00 Bingo            3:30 Walking Club            4:00 Soothing Hands</p>	<p>30            9:30 Morning News and Chats            10:00 Coffee Time            2:00 Movie and Snack            3:30 Walking Club</p>