

# JULY

# 2019 The Heritage at Lowman Healthcare Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Welcome to July Day!</b> 9:00 In Room Visits 10:00 Arthritis Exercise (M) 11:00 Dayroom Activity (U-B) 11:30 Dayroom Activity (U-C) 1:00 In Room Conversations 3:00 Carolina Trio Performs (M) 4:00 Strolls & Visits (TF)	<b>2</b> 9:00 In Room Visits (TF) 9:30 Wal-Mart Shopping Trip (OF) 10:00 Second Chance Music Ministries Perform (M) 11:00 Moving to Music (DR-A) 1:00 Wal-Mart Shopping Trip (OF) 2:00 Resident's Council Meeting (M) 3:00 BINGO (M) 	<b>3</b> 9:00 In Room Visits (TF) 10:00 Good News Discussion from God (M) 11:00 Arthritis Exercise (M) 1:30 Outside Strolls (O) 3:00 Bible Study with CPE Students (M)	 <b>4</b> 9:00 In Room Visits 10:00 Morning Movie & Treat (U) Visit with Family and Friends	<b>5</b> 9:00 Manicures (IR-A/C) 10:00 Manicures (IR-B) 11:00 Good News Discussion (M) 11:00 Manicures (IR-D) 1:30 Treat Delivery (TF) 2:30 Stan Hayman on Guitar (M)	<b>6</b> 10:30 Bible Talk w/Mr. Reed (M) Visit with Family and Friends
<b>7</b> 9:30 In Room Devotions (A/D) 11:15 Worship Service (M) Visits with Family and Friends	<b>8 Drink Coca Cola Day</b> 9:00 In Room Visits 10:00 Arthritis Exercise (M) 11:00 Dayroom Activity (U-B) 11:30 Dayroom Activity (U-C) 1:00 In Room Conversations 3:00 Coke Floats & Trivia (M) 4:00 Strolls & Visits (TF)	<b>9 MLB All-Star Game</b> Sugar Cookie Day 9:00 In Room Visits (TF) 10:00 Moving to Music (DR-A) 11:00 Baking-Cookies (M) 11:30 Morning Exercise (M) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Visits & Conversations (TF) 	<b>10</b> 9:00 In Room Visits (TF) 10:00 Arthritis Exercise (M) 11:00 Easy Crafting (M) 1:30 Outside Strolls (O) 3:00 Bible Study with CPE Students (M) 4:00 Unit Activity (B/C)	<b>11 Summer Theater Thursday</b> 9:00 In Room Visits 10:00 Broadway Show Tunes (M) 10:30 Tony Washington Performs (M) 11:30 Movies Field Trip (OF) 2:00 Afternoon Reading Session w/Joyce (M) 4:00 In Room Visits (B/D)	<b>12</b> 9:00 Manicures (IR-A/C) 10:00 Manicures (IR-B) 10:00 Riverland Hills Baptist Songs & Scripture (M) 11:00 Manicures (IR-D) 1:30 Ice Cream Treats (TF) 3:00 Penny Auction (M)	<b>13</b> 10:30 Bible Talk w/Mr. Reed (M) Visit with Family and Friends
<b>14</b> 9:30 In Room Devotions (B/C) 11:15 Worship Service (M) 3:00 Summer Concert Series: Sarah Land, violin and Ryan Knott, cello (M) Visits with Family and Friends	<b>15</b> 9:00 In Room Visits 10:00 Arthritis Exercise (M) 10:00 Crafting in Room (A-U) 11:00 Crafting in Room (B-U) 1:30 Strolls & Visits (TF) 3:00 Tanglefoot Squaredancers (M)	<b>16</b> 9:00 In Room Visits (TF) 10:00 Dayroom Small Group (A) 10:30 BINGO (M) 10:30 Dayroom Small Group (B) 1:00 In Room Visits (TF) 2:00 Paul Hughes singing Swing Music (M) 3:30 In Room Visits (TF) 	<b>17</b> 9:00 In Room Visits (TF) 10:00 Good News Discussion from God (M) 11:00 AFEP (M) 1:30 Crafts & Conversation (M) 1:30 Visits in Room (A/C) 2:30 Unit Activity (A) 3:00 Bible Study with CPE Students (M)	<b>18</b> 9:00 In Room Visits 10:00 Unit Movies at Desk (TF) 10:30 Jim Reed's Bible Stories w/Hymns (M) 1:00 In Room Devotions (IR-A) 1:30 Strolls (O) 2:00 Afternoon Reading Session w/Joyce (M) 4:00 Chat with Chaplin (M)	<b>19</b> 9:00-12:00 In Room Manicures (TF) 1:00 Visits & Conversations (TF) 2:30 Stan Hayman (M) 	<b>20</b> Visit with Family and Friends 10:30 Bible Talk w/Mr. Reed (M) 
<b>21</b> 9:30 In Room Devotions (A/D) 11:15 Worship Service (M) Visits with Family and Friends	<b>22 Junk Food Day</b> 9:00 In Room Visits 10:00 Arthritis Exercise (M) 10:30 Dayroom Activity (A) 11:30 Dayroom Activity (B) 1:00 In Room Visits (U) 1:30 Dayroom Activity (C) 2:00 Bingo with Camp Kinard Youth (M) 3:00 Junk Food Social & Fun (M)	<b>23</b> 9:00 In Room Visits (TF) 9:30 Camp Kinard Trip to see Youth (OF) 10:30 Unit Movie at Desk Area (A) 10:30 Unit Movie at Desk Area (B) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Visits & Conversations (TF)	<b>24</b> 9:00 In Room Visits (TF) 10:00 Arthritis Exercise (M) 11:00 Dayroom Activities – Crafts & Conversations (A/B) 1:30 Outside Strolls (O) 3:00 Bible Study with CPE Students (M)	<b>25</b> 9:00 In Room Devotions (TF) 9:30 Camp Kinard Trip to See the Youth (OF) 10:30 Jim Reed's Bible Stories w/Hymns (M) 11:30 Inside Games & Fun (M) 1:00 Visits in Room (A/D) 2:00 Afternoon Reading Session w/Joyce (M) 3:00 Activity By Staff Design (M)	<b>26</b> 9:00-11:00 In Room Visits-Nail Care (TF) 2:30 Ice Cream Social w/July Bingo (M)	<b>27</b> 10:30 Bible Talk w/Mr. Reed (M) 2:00 St. Peter Lutheran Church Alpha Circle Group Bingo (M) Visit with Family and Friends
<b>28</b> 9:30 In Room Devotions (B/C) 11:15 Worship Service (M) 3:00 Bingo & Fun (M) Visits with Family and Friends	<b>29 NASA Day</b> 9:00 In Room Visits 10:00 Arthritis Exercise (M) 1:00 In Room Visits (TF) 2:30 History of NASA (M) 3:00 Birthday Party (M) 	<b>30 In God We Trust Day</b> 9:00 In Room Visits (TF) 10:30 Virtual Travelogue-Exploring Space & the Moon (M) 11:30 Good News Day (M) 1:00 In Room Visits (TF) 2:30 Everyday Life Devotion (M) 3:00 BINGO (M) 4:00 Strolls & Visits (TF) 	<b>31 Black Moon Day</b> 9:00 In Room Visits (TF) 10:00 WHOGA (M) 10:00 Unit Exercise-ROM (A) 11:00 Board Games & Fun (M) 11:30 Dayroom Activities-ROM (B) 1:30 Outside Strolls (O) 3:00 Bible Study with CPE Students (M)	ALL SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE. BE SURE TO REFERENCE NOTICES POSTED AT CALENDARS & ON UNIT FOR ANY CHANGES. A= Adria B= Bethel C= Cana D= Damascus MDR= Main Dining Room CL= Classroom DLC= Daily Life Center ER= Emma's Room T= Taylor Building	TF= Throughout Facility M= Main Activity Room DR= Dayroom U= Unit O= Outside IR= In Room OF= Outside Facility AK=ADL Kitchen WC=Wellness Center	