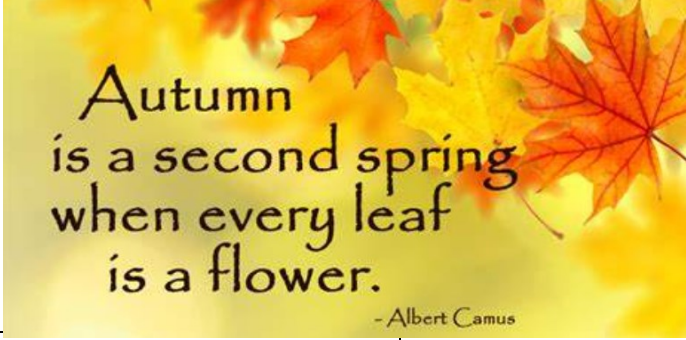


# September 2022 *Lakeside Assisted Living*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						
<b>4</b> <b>Morning Worship Services on TV</b>  <b>Visits with Family and friends</b>	<b>5</b> 9:00 Coffee and donuts 9:30 Activity Packet Delivery 3:00 Functional Movement Class 4:00 Social Hour	<b>6</b> 10:00 Morning Exercise 1:30 Resident Meeting 2:00 Assisted Living Mystery Ride 3:30 Mail Delivery 5:00 Independent Leisure	<b>7</b> 9:30 Morning Greeting and Activity Packet Delivery 10:00 Chapel Service (NLC) 10:30 Puzzle Group 2:30 Apple Cider and Fun Facts 3:30 Mail Delivery	<b>8</b> 10:00 Music and Memories 3:00 Balance and Coordination Class 3:30 Mail Delivery 4:00 Social Hour Evening News	<b>9</b> 9:30 Activity Packet Delivery 10:00 Journey w/Jesus Bible Study 3:00 Games and Fun 5:00 Independent Leisure	<b>3</b> <b>Newspaper Delivery</b> <b>Activities Areas Open for Games, Crafting, Puzzles</b> <b>Afternoon Movies and Snack</b>
<b>11</b> <b>Morning Worship Services on TV</b>  <b>Visits with Family and friends</b>	<b>12</b> 9:00 Podiatrist at Woodside and Lakeside 9:30 Activity Packet Delivery 10:00 Mid-Morning Fresh Fruit Social w/ Friends 3:00 Functional Movement	<b>13</b> 10:00 Chair Yoga 1:30 Current Events 2:30 Golf Cart Rides 3:30 Mail Delivery	<b>14</b> 9:30 Morning Greeting and Activity Packet Delivery 10:00 Chapel Service (NLC) 10:30 Puzzle Group 2:30 Rummikub 3:30 Mail Delivery 5:00 Independent Leisure	<b>15</b> 10:00 Music and Memories 3:00 Balance and Coordination Class 3:30 Mail Delivery 4:00 Social Hour Evening News	<b>16</b> 9:30 Activity Packet Delivery 10:00 Journey w/Jesus Bible Study 3:00 Games and Fun 5:00 Independent Leisure	<b>17</b> <b>Newspaper Delivery</b> <b>Activities Areas Open for Games, Crafting, Puzzles</b> <b>Afternoon Movies and Snack</b>
<b>18</b> <b>Morning Worship Services on TV</b>  <b>Visits with Family and friends</b>	<b>19</b> 9:30 Activity Packet Delivery 10:00 Coffee and donuts 3:00 Functional Movement Class 4:00 Social Hour 6:00 Game Night Evening News on TV	<b>20</b> 10:00 Morning Exercise 1:30 Currents Events 3:30 Mail Delivery 5:00 Independent Leisure	<b>21</b> 9:30 Morning Greeting and Activity Packet Delivery 10:00 Chapel Service (NLC) 10:30 Puzzle Group 2:30 Rummikub 3:30 Mail Delivery 5:00 Independent Leisure	<b>22</b> 10:00 Music and Memories 3:00 Balance and Coordination Class 3:30 Mail Delivery 4:00 Social Hour Evening News	<b>23</b> 9:30 Activity Packet Delivery 10:00 Journey w/Jesus Bible Study 3:00 Games and Fun 5:00 Independent Leisure	<b>24</b> <b>Newspaper Delivery</b> <b>Activities Areas Open for Games, Crafting, Puzzles</b> <b>Afternoon Movies and Snack</b>
<b>25</b> <b>Morning Worship Services on TV</b>  <b>Visits with Family and friends</b>	<b>26</b> 9:30 Activity Packet Delivery 10:00 Coffee and donuts 2:00 Road Trip Fit & Fun "Corn Hole" 3:00 Functional Movement Class 4:00 Social Hour 6:00 Game Night	<b>27</b> 10:00 Morning Exercise 1:30 Currents Events and Trivia 3:30 Mail Delivery 5:00 Independent Leisure	<b>28</b> 9:30 Morning Greeting and Activity Packet Delivery 10:00 Chapel Service (NLC) 10:30 Puzzle Group 2:30 Apple Tasting 3:30 Mail Delivery 5:00 Independent Leisure	<b>29</b> 10:00 Music and Memories 3:00 Balance and Coordination Class 3:30 Mail Delivery 4:00 Social Hour Evening News	<b>30</b> 9:30 Activity Packet Delivery 10:00 Journey w/Jesus Bible Study 3:00 Games and Fun 5:00 Independent Leisure	