

# APRIL

## 2021 The Heritage at Lowman Bethany Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				<p><b>1</b></p> <p>9:30 Reminiscing Conversation</p> <p>10:00 Morning Devotions</p> <p>2:00 Music, Memories, &amp; Moments **Snacks</p> <p>6:00 Evening News</p>	<p><b>2</b></p> <p>10:00 Get Movin' &amp; Exercise</p> <p>2:00 BINGO </p>	<p><b>3</b></p> <p>9:30 Morning News &amp; Chats</p> <p>10:30 Glam Squad</p> <p>Afternoon Movie &amp; Snack</p>
<p><b>4</b></p> <p>10:00 Hymns &amp; Music</p> <p>1:00 Worship Service</p>	<p><b>5</b></p> <p>10:00 Monday Morning Stretch</p> <p>1:30 Face Time Calls</p> <p>2:30 Reading &amp; Reminisce</p> <p>Evening News on TV</p>	<p><b>6</b></p> <p>9:30 Coffee Break</p> <p>10:30 Moving To Music</p> <p>2:30 Trivia &amp; Treats</p> <p>Evening Chats w/Staff</p>	<p><b>7</b></p> <p>10:30 Let's Get Movin'</p> <p>1:30 Face Time Calls</p> <p>2:00 Crafting Activity With Treats</p> <p>Evening News on TV</p>	<p><b>8</b></p> <p></p> <p>9:30 Music, Memories &amp; Moments</p> <p>10:30 Morning Devotions</p> <p>2:00 Afternoon Movie Matinee</p> <p>6:00 Evening News</p>	<p><b>9</b></p> <p>10:00 Get Movin' &amp; Exercise</p> <p>11:00 Manicures &amp; Nail Care</p> <p>2:00 BINGO</p>	<p><b>10</b></p> <p>9:30 Morning News &amp; Chats</p> <p>10:30 Glam Squad</p> <p>Afternoon Movie &amp; Snack</p>
<p><b>11</b></p> <p>10:00 Hymns &amp; Music</p> <p>1:00 Worship Service</p>	<p><b>12</b></p> <p>10:00 Monday Morning Stretch</p> <p>1:30 Face Time Calls</p> <p>2:30 Cranium Crunches Activities (Trivia, History, &amp; Puzzles)</p> <p>Evening News on TV</p>	<p><b>13</b></p> <p>9:30 Coffee Break</p> <p>10:00 Terrific Tuesday Exercise</p> <p>2:00 Basketball Trivia &amp; Activities</p> <p>Evening Chats w/Staff</p>	<p><b>14 Day of Pink</b></p> <p>10:30 Let's Get Movin'</p> <p>1:30 Face Time Calls</p> <p>2:00 Coloring Made Easy</p> <p>Evening News on TV</p>	<p><b>15 Anniv. OF McDonald's</b></p> <p>9:30 Music, Memories &amp; Moments</p> <p>10:30 Morning Devotions</p> <p>2:00 Mini McDonald's Social</p> <p>6:00 Evening News</p>	<p><b>16</b></p> <p>10:00 Get Movin' &amp; Exercise</p> <p>11:00 Manicures &amp; Nail Care</p> <p>2:00 BINGO </p> <p>3:00 Afternoon Relaxation</p>	<p><b>17</b></p> <p>9:30 Morning News &amp; Chats</p> <p>10:30 Glam Squad</p> <p>Afternoon Movie &amp; Snack</p>
<p><b>18 (Nat'l Coin Week April 18-24)</b></p> <p>10:00 Hymns &amp; Music</p> <p>1:00 Worship Service</p>	<p><b>19 Mathematics Day</b></p> <p>10:00 Monday Morning Stretch</p> <p>10:30 Simple Math Puzzles</p> <p>1:30 Face Time Calls</p> <p>2:30 Crafting Made Easy</p> <p>Evening News on TV</p>	<p><b>20</b></p> <p>9:30 Coffee Break with Flavored Coffee &amp; Snacks</p> <p>10:30 Moving To Music</p> <p>2:30 Activity By Staff Design</p> <p>Evening Chats w/Staff</p>	<p><b>21</b></p> <p>10:30 Rise &amp; Shine &amp; Exercise</p> <p>1:00 Healthy Snack Treat Delivery</p> <p>1:30 Face Time Calls</p> <p>2:30 Cartoons &amp; Fun</p> <p>Evening News on TV</p>	<p><b>22 Earth Day</b></p> <p>9:30 Music, Memories &amp; Moments</p> <p>10:30 Morning Devotions</p> <p>2:00 Outside Time &amp; Earth BINGO</p> <p>6:00 Evening News</p>	<p><b>23</b></p> <p>10:00 Get Movin' &amp; Exercise</p> <p>11:00 Manicures &amp; Nail Care</p> <p>2:00 BINGO</p> <p>3:00 Afternoon Humor &amp; Fun</p>	<p><b>24</b></p> <p>9:30 Morning News &amp; Chats</p> <p>10:30 Glam Squad</p> <p>Afternoon Movie &amp; Snack</p>
<p><b>25</b></p> <p>10:00 Hymns &amp; Music</p> <p>1:00 Worship Service</p>	<p><b>26</b></p> <p>10:00 Monday Morning Stretch</p> <p>1:30 Face Time Calls</p> <p>2:00 Monthly Birthday Social</p> <p>Evening News on TV</p>	<p><b>27 Virtual Vacation Day Calculate It Day</b></p> <p>9:30 Coffee Break with Flavored Coffee &amp; Snacks</p> <p>10:00 Let's Talk Numbers</p> <p>10:30 Moving To Music</p> <p>2:30 Activity By Staff Design "Virtual Vacation- Nashville, TN"</p>	<p><b>28 Happy Hump Day</b></p> <p>10:30 Rise &amp; Shine &amp; Exercise</p> <p>1:00 Healthy Snack Treat Delivery</p> <p>1:30 Face Time Calls</p> <p>2:30 Let's Color Together "Inspirational Pictures"</p>	<p><b>29</b></p> <p>9:30 Music, Memories &amp; Moments</p> <p>10:30 Morning Devotions</p> <p>2:30 Make- It-Yourself Crafts</p> <p>6:00 Evening News</p>	<p><b>30 Arbor Day</b></p> <p>10:00 Get Movin' &amp; Exercise</p> <p>11:00 Manicures &amp; Nail Care</p> <p>1:30 Afternoon Ice Cream Treats</p> <p>2:00 BINGO</p>	