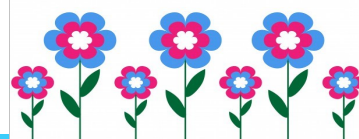
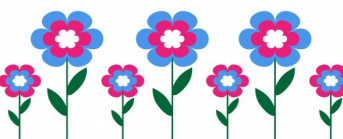
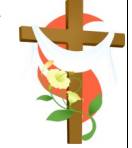


Active Lifestyle at the Heritage at Lowman April 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>April is National Garden Month</p> <p><i>Get outside to see what is blooming!</i></p>		<p>(ACT) Activity Room (AERO) Aerobic Room (BEAUTY) Beauty Shop (BB) Boliek Building (BCR) Boliek Community Room (CLASS) Classroom (CYPL) Courtyards Parking Lot (DR) Bistro Dining Room (FIT) Fitness Center (FLAG) Flagpole in front of WC (FDR) Formal Dining Room</p>	<p>(Halt1) Haltiwanger 1st floor (Halt2) Haltiwanger 2nd floor (HCC) Healthcare and Rehab Center (HG) Hoefler Gallery (NLC) New Life Chapel (POND) Walking Trail at the Pond (PG) Putting Green (PP) Picnic Pavilion (POOL) Fitness Center Pool (PORCH) Haltiwanger Porch (PUB) Pub (WC) Wellness Center</p>	<p>1 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:30 Better Balance (BCR) 3:00 Maundy Thursday Holy Music and Holy Communion (NLC) ** 6:00 Maundy Thursday Holy Music and Holy Communion (NLC) ** **Same service offered twice to enable social distancing**</p>	<p>2 8:00 Morning Good Word of the Day and Puzzle Email from Mary 1:00 Putting Practice on the Green (PG) 3:00 Good Friday Service (NLC) ** 6:00 Good Friday Service (NLC) ** **Same service offered twice to enable social distancing**</p>	<p>3 3:00 Cards, Games and Puzzles (BCR)</p>
<p>4 Happy Easter </p> <p>10:00 Easter Sunday Service (NLC) Limited space available, call Pastor Kathleen at 803-451-7419 to reserve your space</p> <p>11:00 First Baptist TV Service (BCR)</p>	<p>5 8:00 Morning Good Word of the Day and Puzzle Email from Mary (Call 803-451-7420 to add your email address) 9:00 Tai Chi (AERO) 1:00 Mystery Ride (BB) Limited spots, please call Mary, 803-451-7420 3:30 Arthritis and Balance (BCR)</p>	<p>6 8:00 Morning Good Word of the Day and Puzzle Email from Mary 2:00-3:00 Open Swim with Volunteer (POOL) 3:00 Golf Cart Rides (BB) 4:00 Pastor Kathleen's Bible Study (HG)</p>	<p>7 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:00 Tai Chi (AERO) 9:30 BeWell Blood Pressure Checks (BCR) 10:00 Chapel Service (NLC) 3:30 Arthritis and Balance Exercise (BCR)</p>	<p>8 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:30 Better Balance (BCR) 2:00-3:00 Open Swim with Volunteer (POOL) 2:00 Current Events Club (HG)</p>	<p>9 8:00 Morning Good Word of the Day and Puzzle Email from Mary 8:30 Food Lion Shopping (Pick up at your home) Must call for time slot by calling Mary, 803-451-7420 1:00 Putting Practice on the Green (PG) 1:30 Movie Matinee "The Secret Life of Bees" (HG)</p>	<p>10 3:00 Cards, Games and Puzzles (BCR)</p>
<p>11 10:00 Worship Service (NLC) 11:00 First Baptist TV Service (BCR)</p>	<p>12 8:00 Morning Good Word of the Day and Puzzle Email from Mary (Call 803-451-7420 to add your email address) 9:00 Tai Chi (AERO) 1:00 Mystery Ride (WC) Limited spots, please call Mary, 803-451-7420 3:30 Arthritis and Balance (BCR)</p>	<p>13 8:00 Morning Good Word of the Day and Puzzle Email from Mary 2:00-3:00 Open Swim with Volunteer (POOL) 4:00 Pastor Kathleen's Bible Study (HG)</p>	<p>14 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:00 Tai Chi (AERO) 9:30 BeWell Blood Pressure Checks (BCR) 10:00 Chapel Service (NLC) 3:30 Arthritis and Balance Exercise (BCR)</p>	<p>15 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:30 Better Balance (BCR) 2:00-3:00 Open Swim with Volunteer (POOL) 2:00 Current Events Club (HG) 3:30 Lawn Chair Happy Hour (115 Hummingbird Ct) Bring a chair to enjoy a cool drink in the Courtyard (In case of inclement weather, HG)</p>	<p>16 8:00 Morning Good Word of the Day and Puzzle Email from Mary 8:30 WalMart Shopping (Pick up at your home) Must call for time slot by calling Mary, 803-451-7420 1:00 Putting Practice on the Green (PG) 3:00 BINGO for Prizes (HG)</p>	<p>17 3:00 Cards, Games and Puzzles (BCR)</p>
<p>18 10:00 Worship Service (NLC) 11:00 First Baptist TV Service (BCR)</p>	<p>19 8:00 Morning Good Word of the Day and Puzzle Email from Mary (Call 803-451-7420 to add your email address) 9:00 Tai Chi (AERO) 1:00 Mystery Ride (CYPL) Limited spots, please call Mary, 803-451-7420 3:30 Arthritis and Balance (BCR)</p>	<p>20 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:00 Hamrick's Shopping (Boliek) Limited spots available, Call Mary to sign up 803-451-7420 1:00 Golf Cart Rides (CYPL) 2:00-3:00 Open Swim with Volunteer (POOL) 4:00 Pastor Kathleen's Bible Study (HG)</p>	<p>21 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:00 Tai Chi (AERO) 9:30 BeWell Blood Pressure Checks (BCR) 10:00 Chapel Service (NLC) 3:30 Arthritis and Balance Exercise (BCR)</p>	<p>22 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:30 Better Balance (BCR) 2:00-3:00 Open Swim with Volunteer (POOL) 2:00 Current Events Club (HG)</p>	<p>23 8:00 Morning Good Word of the Day and Puzzle Email from Mary 8:30 Publix Shopping (Pick up at your home) Must call for time slot by calling Mary, 803-451-7420 1:00 Putting Practice on the Green (PG) 3:00 Pleasures of Poetry Club (HG)</p>	<p>24 3:00 Cards, Games and Puzzles (BCR)</p>
<p>25 10:00 Worship Service (NLC) 11:00 First Baptist TV Service (BCR)</p>	<p>26 8:00 Morning Good Word of the Day and Puzzle Email from Mary (Call 803-451-7420 to add your email address) 9:00 Tai Chi (AERO) 3:30 Arthritis and Balance (BCR) 6:00 Game Night (HG) Bring a game to play that will work with a table of 4</p>	<p>27 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:00-11:00 The Heritage at Lowman Golf Tournament (PG) Please sign up for your Tee Time by calling Mary, 803-451-7420 2:00-3:00 Open Swim with Volunteer (POOL) 3:30 Arthritis and Balance Exercise (BCR) 4:00 Pastor Kathleen's Bible Study (HG)</p>	<p>28 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:00 Tai Chi (AERO) 9:30 BeWell Blood Pressure Checks (BCR) 10:00 Chapel Service (NLC)</p>	<p>29 8:00 Morning Good Word of the Day and Puzzle Email from Mary 9:30 Better Balance (BCR) 2:00-3:00 Open Swim with Volunteer (POOL) 2:00 Current Events Club (HG) 3:30 Lawn Chair Happy Hour (WC Front Lawn) Bring a chair to enjoy a cool drink (In case of inclement weather, ,HG)</p>	<p>30 8:00 Morning Good Word of the Day and Puzzle Email from Mary 8:30 Food Lion Shopping (Pick up at your home) Must call for time slot by calling Mary, 803-451-7420 3:00 Penny Auction (HG)</p>	